

**JARDIN BETASOINT 0.1% BETAMETHASONE VALERATE 0.1% W/W OINTMENT**

Betamethasone Valerate (0.1% w/w)

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**What Jardin Betasoint 0.1 is used for**  
Jardin Betasoint 0.1% is used to alleviate itching, redness and swelling of certain skin problems, such as eczema, psoriasis and dermatitis.

**How Jardin Betasoint 0.1% works**

Jardin Betasoint 0.1% contains a medicine called Betamethasone Valerate. It belongs to a group of medicines called steroids. It works by reducing the inflammation in the affected area to reduce the redness and itchiness of skin.

**Before you use Jardin Betasoint 0.1%****When you must not use it**

Do not take this medicine if:

- you are allergic to Betamethasone or any other ingredients of this medicine (listed in Product Description)
- On a children under 1 year.
- To treat any of the following skin problems:
  - Acne.
  - Severe flushing of skin on and around your nose (rosacea).
  - Spotty red rash around your mouth (perioral dermatitis)
  - Itching around your anus or private parts.
  - Primary infected skin lesions caused by infection with fungi or bacteria.

- Primary cutaneous viral infections. e.g. herpes simplex, chickenpox.

**Before you start to use it**

- Check with your doctor or pharmacist before taking Jardin Betasoint 0.1% if you:
- If you have previously had an allergic reaction with another steroid.
  - If you are applying near eyes or on eyelids, as cataracts or glaucoma may result if the ointment repeatedly enters the eye.
  - If you are applying to thin skin such as the face or on children as their skin is thinner than adults and as a result may absorb larger amounts.
  - If you have psoriasis.
- Pregnancy and lactation***

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

**Taking other medicines**

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Medicines without a prescription
- Herbal medicines

**How to use Jardin Betasoint 0.1%**

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

**How much to use**

Apply once or twice a day. This may be reduced as your skin begins to get better.

Children above 1 year of age: Courses should be limited to five days and occlusion should not be used.

**When to use it**

Use as directed by your doctor or pharmacist.

**How long to use it**

Use this medicine for the duration that your doctor recommends.

**If you forget to use it**

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

**If you use too much (overdose)**

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause rare to happen however in some overdosage chronic or misused, Cushing's syndrome may happen.

**While you are using Jardin Betasoint 0.1%****Things you must do**

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Jardin Betasoint 0.1%.

Tell your doctor immediately if you become pregnant while using this medication.

Take Jardin Betasoint 0.1% only with a doctor's prescription.

**Things you must not do**

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

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Do not give Jardin Betasoint 0.1% to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of  
*Driving and using machines*

Be careful driving or operating machinery until you know how Jardin Betasoint 0.1% affects you.

**Side effects**

Like all medicines, Jardin Betasoint 0.1% can cause side effects, although not everybody gets them.

Possible side effects are:

- You find that your skin condition gets worse or becomes swollen during treatment.
- You may be allergic to the Jardin Betasoint 0.1% have an infection or need other treatment.
- You have psoriasis you may get raised bumps with pus under the skin. This can happen very rarely during or after treatment and is known as pustular psoriasis.

Other side effects you may notice when using Jardin Betasoint 0.1% include:

**Common**

A feeling of burning, irritation or itching. If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of Jardin Betasoint 0.1%**

- Storage  
Keep out of the reach and sight of children.

Store below 30 °C.

Do not use this product after the expiry date or if the tube is leaking or the tube nozzle cover is broken.

Keep container tightly closed.

- Disposal  
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like  
A clear translucent ointment

- Ingredients
  - Active ingredient
    - Betamethasone Valerate
  - Inactive ingredients
    - White Soft Paraffin
    - Liquid Paraffin

- MAL number(s):  
MAL\*\*\*\*\*

**Manufacturer**

Jardin Manufacturing Sdn Bhd,  
Lot 1, 2, 3 & 4,  
Kawasan Industri Batu 7,  
23000 Dungun,  
Terengganu, MALAYSIA.

**Product Registration Holder**

Jardin Manufacturing Sdn. Bhd,  
No. 12-1, Jalan Delta U6/19,  
Sunway Subang Business Park,  
Jalan TUDM, 40150,  
Shah Alam, Selangor

**Date of revision**

15/01/2026

**Serial Number**

NPRA (R2) 25/242