

JARDIN BETACREAM 0.01 % BETAMETHASONE VALERATE 0.01% W/W CREAM

Betamethasone Valerate (0.01% w/w)

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What Jardin Betacream 0.01% is used for

Jardin Betacream 0.01% is used to alleviate itching, redness and swelling of certain skin problems, such as eczema, psoriasis and dermatitis. It is used for:

- milder skin problems
- to keep your skin problem under control after apply Betamethasone Valerate 0.01% w/w cream.

How Jardin Betacream 0.01% works

Jardin Betacream 0.01% called Betamethasone Valerate. It belongs to a group of medicines called steroids. It works by reducing the inflammation in the affected area to reduce the redness and itchiness of skin.

Before you use Jardin Betacream 0.01 %**- When you must not use it**

Do not take this medicine if:

- you are allergic to Betamethasone Valerate or any other ingredients of this medicine (listed in Product Description)
- On a children under 1 year.
- To treat any of the following skin problems:
 - Acne
 - Severe flushing of skin on and around your nose (rosacea).
 - Spotty red rash around your mouth (perioral dermatitis).

- Itching around your anus or private parts.
- Primary infected skin lesions caused by infection with fungi or bacteria.
- Primary cutaneous viral infections e.g. herpes simplex, chickenpox.

- Before you start to use it

Check with your doctor or pharmacist before taking Jardin Betacream 0.01% w/w if you:

- If you have previously had an allergic reaction with another steroid.
- If you are applying near eyes or one eyelids, as cataracts or glaucoma may result if the cream repeatedly enters the eye.
- If you are applying to thin skin such as the face or on children as their skin is thinner than adults and as a result may absorb larger amounts.
- If you have psoriasis.

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Medicines without prescription
- Herbal medicines

How to use Jardin Betacream 0.01%

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- How much to use

Apply once or twice a day. This may be reduced as your skin begins to get better.

Children above 1 year of age:

Courses should be limited to five days and occlusion should not be used.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Use this medicine for the duration that your doctor recommends.

Therapy should be discontinued gradually once control is achieved.

For children above 1 year of age: courses should be limited to 5 days.

- If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause rare to happen however in some overdosage chronic or misused, Cushing's syndrome may happen.

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While you are using Jardin**Betacream 0.01 %****- Things you must do**

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Jardin Beta Cream 0.01 % w/w

Always wash your hands before and after you use the cream

Tell your doctor immediately if you become pregnant while using this medication.

Take Jardin Betacream 0.01% w/w only with a doctor's prescription.

Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Jardin Betacream 0.01 % to anyone else, even if they have the same symptoms or condition as you.

You should only apply the cream to your face if your doctor tells you to. It should not be used for more than 5 days, as the skin on your face thins easily.

- Do not let the cream get into your eyes.
- Do not use more than the amount prescribed for you.
- Do not use on large areas of the body for a long period of time, unless your doctor tells you to.
- Dressing or bandages should not be used on children or on the face where the cream is applied.
- Use on children or on the face should be limited to 5 days.

- Things to be careful of**Driving and using machines**

Be careful driving or operating machinery until you know how Jardin Betacream 0.01% affects you.

The germs that cause infections like warm, moist conditions under bandages or dressings so always clean the skin before a fresh dressing is put on.

If you are applying the cream on someone else, make sure you wash your hands after use or wear disposable plastic gloves.

If your skin problem does not improve in 2 to 4 weeks, talk to your doctor.

Side effects

Like all medicines, Jardin Betacream 0.01% w/w can cause side effects, although not everybody gets them. Possible side effects are:

- You find that your skin condition gets worse or becomes swollen treatment.
- You may be allergic to the Jardin Betacream 0.01% have an infection or need other treatment.
- You have psoriasis you may get raised bumps with pus under the skin. This can happen very rarely during or after treatment and is known as pustular psoriasis.

Other side effects you may notice when using Jardin Betacream 0.01% include:

Common

A feeling of burning, irritation or itching.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Jardin**Betacream 0.01 %****- Storage**

Keep out of the reach and sight of children.

Store below 30 °C.

Do not use this product after the expiry date or if the tube is leaking or the tube nozzle cover is broken.

Keep container tightly closed.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description**- What it looks like**

A White, soft cream and free from foreign matter.

- Ingredients

- Active ingredient
 - Betamethasone Valerate
- Inactive ingredients
 - White soft paraffin
 - Liquid paraffin
 - Cetostearyl alcohol
 - Cetomacrogol 1000
 - Propyl paraben
 - Methyl paraben
 - Purified water

- MAL number:

MAL*****

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Betamethasone Valerate (0.01% w/w)

Manufacturer

Jardin Manufacturing Sdn Bhd,
Lot 1, 2, 3 & 4,
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Product Registration Holder

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Date of revision

15/01/2026

Serial Number

NPRA (R2) 25/241