

# JARDIN BETACREAM 0.05% W/W

Betamethasone Valerate (0.05% w/w)

# JARDIN BETACREAM 0.025% W/W

Betamethasone Valerate (0.025% w/w)

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## What Jardin Betacream is used for

Jardin Betacream is used to alleviate itching, redness and swelling of certain skin problems, such as eczema, psoriasis and dermatitis. It is used for:

- milder skin problems, or
- to keep your skin problem under control

## How Jardin Betacream works

Jardin Betacream contains a medicine called Betamethasone Valerate. It belongs to a group of medicines called steroids. It works by reducing the inflammation in the affected area to reduce the redness and itchiness of skin.

## Before you use Jardin Betacream

### When you must not use it

Do not take this medicine if:

- You are allergic to betamethasone valerate or any other ingredients of this medicine (listed in Product Description)
- On a children under 1 year.
- To treat any of the following skin problems:
  - Acne.
  - Severe flushing of skin on and around your nose (rosacea).

- Spotty red rash around your mouth (perioral dermatitis)
- Itching around your anus or private parts.
- Primary infected skin lesions caused by infection with fungi or bacteria.

### - Before you start to use it

Check with your doctor or pharmacist before taking Jardin Betacream if you:

- If you have previously had an allergic reaction with another steroid.
- If you are applying near eyes or on eyelids, as cataracts or glaucoma
- If you are applying to thin skin such as the face or on children as their skin is thinner than adults and as a result may absorb larger amounts.
- If you have psoriasis.

### *Pregnancy and lactation*

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking or have recently taken any other medicines, including:

- Medicine without a prescription
- Herbal medicine

## How to use Jardin Betacream

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - How much to use

Apply once or twice a day. This may be reduced as your skin begins to get better.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

Use this medicine for the duration that your doctor recommends.

It is used for the shortest duration to achieve the desired therapeutic benefit.

Therapy should be discontinued gradually once control is achieved.

For children above 1 year of age: courses should be limited to 5 days.

### - If you forget to use it

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the medicine and skip the missed dose. Do not apply a double dose to make up for the missed dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause a feel of burning, irritation or itching.

## While you are using Jardin Betacream

### - Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Jardin Betacream.

Tell your doctor immediately if you become pregnant while using this medication.

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Always wash your hands before and after you use the cream.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Jardin Betacream to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If this medicine makes you feel of burning, irritation or itching, do not drive or use machines and contact your doctor immediately.

Jardin Betacream may distort your vision temporarily. Make sure you know how you react to it before you drive a car, operate machinery or do anything else that could be dangerous.

Always wash the skin before a new dressing is used as hot and humid conditions may lead to germ infections.

If you are applying the cream on someone else, make sure you wash your hands after use or wear disposable plastic gloves.

If your skin problem does not improve in 2 to 4 weeks, talk to your doctor.

**Side effects**

Like all medicines, Jardin Betacream can cause side effects, although not everybody gets them.

Possible side effects are:

- You find that your skin condition gets worse or becomes swollen during treatment.
- You may be allergic to the Jardin Betacream, have an infection or need other treatment.
- You have psoriasis you may get raised bumps with pus under the skin. This can happen very rarely during or after treatment and is known as pustular psoriasis.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of Jardin Betacream**

- Storage

Keep out of the reach and sight of children.

Store below 30°C.

Keep the tube tightly closed.

Do not use this product after the expiry date or if the tube is leaking or the tube nozzle cover is broken.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

A White, soft cream and free from foreign matter.

- Ingredients

- Active ingredient
  - Betamethasone Valerate)

- Inactive ingredients

- White soft paraffin
- Liquid paraffin
- Cetostearyl alcohol
- Cetomacrogol 1000
- Propyl paraben
- Methyl paraben
- Purified water

- MAL number:

MAL\*\*\*\*\*

**Manufacturer**

Jardin Manufacturing Sdn Bhd,  
Lot 1,2,3 & 4,  
Kawasan Industri Batu 7,  
23000 Dungun, Terenganu,  
MALAYSIA.

**Product Registration Holder**

Jardin Manufacturing Sdn Bhd,  
No 12-1, Jalan Delta U6/19,  
Sunway Subang Business Park,  
Jalan TUDM, 40150 Shah Alam,  
Selangor.

**Date of revision**

21/08/2025

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