

TOPWELLNESS MYCOBAL 500 mcg Tablet

Methylcobalamin (500 mcg)

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What Mycobal is used for

For the treatment of numbness, pain and paralysis due to peripheral neuropathies such as diabetic neuropathy and polyneuritis. For the treatment of megaloblastic anaemia due to Vitamin B12 deficiency.

How Mycobal works

Methylcobalamin is a coenzyme of Vitamin B12. It plays an important role in assisting the restoration process of damaged nerve cells and also in maintaining proper functioning of nerve cells.

Before you use Mycobal

-When you must not use it

Do not take Mycobal if you:

- Have ever had a reaction or been told that you are allergic to Methylcobalamin or any of the other ingredients in this preparation.

-Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives, or dyes.

Tell your doctor if:

- Your occupation required you to handle mercury or its compound.

If you are not sure whether you should start taking this medicine, talk to your doctor.

-Taking other medicines

- Inform your doctor or pharmacist if you are taking or if you have recently taken any other medicines, including medicines obtained without a prescription.

Some medicines and Mycobal may interfere with each other. It is important to tell your doctor or pharmacist if you are taking:

- Medicines for diabetes e.g., metformin
- Antibiotics e.g., chloramphenicol, neomycin, amino salicylic acid and aminoglycosides group e.g., gentamicin
- Medicine for gastric ulcers e.g., cimetidine, ranitidine
- Medicines for epilepsy e.g., phenobarbital
- Colchicine, for gout

-Pregnancy and breast-feeding

- If you are pregnant or breastfeeding, please consult your doctor or healthcare professional before taking this product.

-How to use Mycobal

-How much to use

- Always take Mycobal exactly according to the instructions given to you by your doctor or pharmacist. Check with your doctor or pharmacist if you are not sure.

-When to use it

- Adults: The initial dose is 500mcg (1tablet) taken 3 times a day or as directed by your doctor.

-How long to use it

- Continue to take your medicine as long as your doctor tells you. This medicine helps to control your condition but does not cure it. It is important to keep taking this medicine even if you feel well.

-If you forget to use it

- Take your dose as soon as you remember and continue to take it as you would normally. If it is time for your next dose, skip the dose you missed and take your next dose when you are meant to.
- Do not take a double dose to make up for the dose you missed.

-If you use too much (overdose)

- Methylcobalamin is well tolerable with no known toxicity. Treatment is unlikely to be needed in cases of overdose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

While you are using it

- Things you must do

- Always take Mycobal exactly according to the instructions given to you by your doctor or pharmacists. If you are unsure, check with your doctor or pharmacist.
- Inform your doctor or pharmacist if you are taking or if you have recently taken any other medicines, including medicines obtained without a prescription such as supplements or traditional medicines.
- Tell your doctor or pharmacist immediately if you notice any side effects, or if the side effects get serious or anything else that make you feel unwell.
- If you are about to be started on a new medicine, remind your doctor and pharmacist that you are taking Mycobal.
- If you are being treated for diabetes, make sure you check your blood sugar level regularly and report any changes to your doctor.

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-Things you must not do

- Do not stop taking your medicines without consulting your doctor. It is important to keep taking your medicine even if you feel well.
- Do not use Mycobal after the expiry date which is stated on the label.
- Do not give this medication to anyone else, even if they have the same condition as you.

-Things to be careful of

- Taking Mycobal is unlikely to affect your ability on driving and operating machinery.

Side effects

Like many medicines, Mycobal may cause side effects in some patients, particularly when you first taking them but not everyone will get it.

Tell your doctor or pharmacist if you notice the following side effects and it worries you:

- Anorexia
- Nausea
- Vomiting
- Diarrhoea

The above list is the more common sideeffects of the medicine.

Tell your doctor as soon as possible if you notice any of the following:

- Skin rashes or urticaria

The above list is the rare side effects of the medicine.

Tell your doctor or pharmacist if you notice anything else that make you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Mycobal

-Storage

- Store below 30°C.
- Protect from light and moisture.

-Warning/Precaution

- Keep out of reach of children (*Jauhkan dari capaian kanak-kanak*)

-Disposal

- Do not use Mycobal after the expiry date which is stated on the label.

If your doctors tell you to stop taking Mycobal or the expiry date has passed, ask your pharmacist the proper way to dispose the remaining medicines.

Product Description

-What it looks like

- White uncoated tablet, round shape, 10mm diameter, embossed with NOVA on one side, no scoring.
Odor: No odor
Taste: Plain taste

-Ingredients

Active ingredient(s)

- Methylcobalamin

-Inactive ingredients

- Lactose, Corn starch, Polyvinylpyrrolidone K30, Microcrystalline cellulose, Magnesium stearate, Silicon Dioxide, Sodium Starch Glycolate

MAL number:

MALXXXXXXXXNC

Name and Address of Manufacturer

Nova Laboratories Sdn Bhd Lot 708, Nova Avenue, Batu 4, 43950 Sungai Pelek, Sepang, Selangor, Malaysia.

Product Registration Holder

Topwellness Healthcare Sdn. Bhd. Unit 11-4, No. 2, Block 2, Jalan Setia Prima (S) U13/S, Setia Alam, Seksyen U13, 40170 Shah Alam, Selangor.

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