

# CANDESARTAN SANDOZ TABLET

Candesartan cilexetil (8mg, 16mg)

## WHAT IS IN THIS LEAFLET:

1. What Candesartan Sandoz is used for
2. How Candesartan Sandoz works
3. Before you use Candesartan Sandoz
4. How to use Candesartan Sandoz
5. While you are using it
6. Side effects
7. Storage and Disposal of Candesartan Sandoz
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

## WHAT CANDESARTAN SANDOZ IS USED FOR

Candesartan Sandoz is a type of medicine called an angiotensin II receptor antagonist, which by blocking the effects of the hormone angiotensin II causes the blood vessels to relax and widen. This results in a lowering of your blood pressure and makes it easier for your heart to pump blood to all parts of your body.

## HOW CANDESARTAN SANDOZ WORKS

Candesartan Sandoz is used for treating high blood pressure (hypertension) in adults. It is also taken for treating a heart condition known as heart failure in adults where the heart does not pump your blood around your body as well as it should.

## BEFORE YOU USE

### CANDESARTAN SANDOZ

Do not take Candesartan Sandoz if you are pregnant, think you might be pregnant or considering becoming pregnant. You must tell your doctor if you think you are (or might become) pregnant. Candesartan Sandoz may cause serious harm or even death to your baby if used during pregnancy.

#### - When you must not use it

- If you are breast-feeding
- If you are allergic to any of the ingredients in Candesartan Sandoz.
- Important: You should not take Candesartan Sandoz if you have had problems in the past when taking medicines containing candesartan cilexetil.

Take special care with Candesartan Sandoz.

#### - Before you start to use it

Please talk to your doctor or pharmacist before taking this medicine:

- If you have any heart, liver or kidney problems.
- If you suffer from lactose intolerance.
- If you are vomiting or have diarrhoea.

#### - Taking other medicines

Please inform your doctor or pharmacist if you are taking or have recently taken any other medicines, even those not prescribed.

- If you are taking other medicines to help lower your blood pressure, particularly diuretics.
- If you are taking any other medicines including those have bought without a prescription.
- If you are taking lithium.
- If you are taking non-steroidal anti-inflammatory drugs (NSAIDs).
- If you are taking potassium supplements or salt substitutes.

#### Use in children

The safety and efficacy of Candesartan Sandoz have not been established in children and adolescents (under 18 years).

## HOW TO USE CANDESARTAN SANDOZ

#### - How much to use

##### For high blood pressure

The usual adult dose is one 8mg tablet each day. Your doctor may increase the dose to one 16mg tablet each day. It is best to take your tablet at the same time each day, e.g. in the morning. If you have severe kidney or severe liver problems, your doctor may prescribe a lower dose.

##### For heart failure

The usual starting dose is a 4mg tablet taken every day. The dose is doubled at intervals of at least two weeks to the target dose of 32mg or the highest dose tolerated.

#### - When to use it

Candesartan Sandoz can be given with or without food. Always take this medicine exactly as your doctor told you. Please ask your doctor or pharmacist if you are not sure.

#### - How long to use it

Take Candesartan Sandoz as directed by your healthcare provider. Do not

stop taking your dose without talking to your healthcare provider.

#### - If you forget to use it

If you forget to take a dose, just carry on with the next dose as normal. Do not take an extra tablet to make up.

#### - If you use too much (overdose)

If you take more than the recommended number of tablets, contact a doctor or pharmacist immediately.

## WHILE YOU ARE USING IT

#### - Things you must do

It is important to keep taking Candesartan Sandoz every day and as your doctor has told you to. The instructions on the label should remind you of what the doctor has said. Try to take the tablets at the same time each day. It does not matter if you take Candesartan Sandoz before or after your food. Candesartan Sandoz is not normally recommended for children. If you have the impression that the effect of Candesartan Sandoz is too strong or too weak, talk to your doctor or pharmacist.

#### - Things you must not do

Do not stop taking your dose without talking to your healthcare provider. If you forget to take a dose, just carry on with the next dose as normal. Do not take extra tablet to make up.

#### - Things to be careful of

##### Pregnancy

You must not take Candesartan Sandoz if you are pregnant, might be pregnant, or are considering becoming pregnant. You must tell your doctor if you think you are (or might become) pregnant. Your doctor will ask you to stop taking Candesartan Sandoz before you become pregnant or as soon as you know you are pregnant and may recommend another medicine instead of Candesartan Sandoz.

Candesartan Sandoz may cause serious harm or death to your baby if used during pregnancy.

##### Breast-feeding

Tell your doctor if you are breast-feeding or about to start breast-feeding. Candesartan Sandoz must not be used by mothers who are breast-feeding.

##### Anaesthesia and surgery

If you are going to have an operation, tell your doctor or dentist that you are taking Candesartan Sandoz.

Candesartan Sandoz combined with some

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anaesthetics, may cause a drop in blood pressure.

## Driving and using machines

The treatment of high blood pressure or heart failure may lead to dizziness or weariness in some patients. Make sure you are not affected in this way before driving or operating machines.

## SIDE EFFECTS

Like all medicines, some people taking Candesartan Sandoz may occasionally experience unwanted effects which are usually mild and do not last for long. If you suffer from any of these effects, or if you get any other unusual or unexpected symptoms, talk to your doctor or pharmacist (chemist).

Common side effects that may occur (in 1% or more of patients, but less than 10%)

- Dizziness (especially in patients with heart failure)
- Worsening of your kidney function (especially in patients with existing kidney problems or heart failure) which can be detected by blood tests.

Very rare side effects that may occur (in less than 0.01% of patients)

- Swelling of the face, lips, tongue and/or throat, rash, hives, itching, jaundice (yellow skin and/or eyes). If you develop swelling of the face, lips, tongue and/or throat or jaundice, contact your doctor immediately.
- Back pain.
- Cough.
- Changes to the functioning of our liver, including inflammation of the liver.
- There may be changes to your red or white blood cells or other parts of your blood. Your doctor may occasionally take blood samples to check whether Candesartan Sandoz has had any effect on your blood. Sometimes these changes may show themselves as tiredness or a sore throat.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

## STORAGE AND DISPOSAL OF CANDESARTAN SANDOZ

### - Storage

- Do not take your tablets after the expiry date shown on the blister strip and carton.
- Keep your medicine in a safe place where children cannot reach it.
- Keep your medicine below 30°C.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## PRODUCT DESCRIPTION

### - What it looks like

Candesartan Sandoz tablets come in three strengths, containing 8mg and 16mg of candesartan cilexetil.

- 8mg tablets are pink, mottled, round biconvex tablets debossed with 8 on one side and scored on the other side.
- 16mg tablets are pink, mottled, round biconvex tablets debossed with 16 on one side and scored on the other side.

## Ingredients

### - Active ingredient

The active substance is candesartan cilexetil.

### - Inactive ingredients

#### **Candesartan Sandoz 8mg, 16mg**

Other ingredients in the tablets are lactose monohydrate, maize starch, povidone K-30, carrageenan, croscarmellose sodium, magnesium stearate, red iron oxide (E172), titanium dioxide (E171).

### - MAL Number

Candesartan Sandoz 8mg Tablet – MAL18066045AZ  
Candesartan Sandoz 16mg Tablet - MAL18066041AZ

## MANUFACTURER AND PRODUCT REGISTRATION HOLDER

### Manufacturer

Sandoz Grup Saglik Urunleri Ilaclari Sanayi Ve Ticaret A.S.  
Organize Sanayi Bolgesi  
Ihsan Dede Caddesi 900 Sokak  
41400 Gebze, Kocaeli  
Turkey

### Product Registration Holder

Sandoz Products Malaysia Sdn. Bhd.  
Unit 1202, Level 12, Uptown 1,  
No. 1, Jalan SS21/ 58, Damansara Uptown,  
47400 Petaling Jaya Selangor, Malaysia

## DATE OF REVISION

Jul 2025

## SERIAL NUMBER

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