ZINNAT TABLET

Cefuroxime axetil (250mg, 500mg)

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What ZINNAT is used for

ZINNAT is used in adults and children to treat infections of the:

- Ears, nose and throat
- Lungs or chest
- Urinary tract
- Skin and soft tissues

ZINNAT is also used to treat:

- Sexually transmitted infections

Your doctor should test the type of bacteria causing your infection and monitor whether the bacteria are sensitive to ZINNAT during your treatment.

How ZINNAT works

ZINNAT belongs to a group of antibiotics called cephalosporins. It works by killing bacteria that cause infections.

Before you use ZINNAT

- *When you must not use it*

Do not take ZINNAT:

- if you are allergic (*hypersensitive*) to cefuroxime or cephalosporin antibiotics or any of the other ingredients of ZINNAT.

ZINNAT is not recommended for children aged under 3 months, as it has not been adequately studied in this age group.

- *Before you start to use it*

Special care is indicated if you have experienced an allergic reaction to penicillin or other beta-lactam antibiotic (penicillins, monobactams and carbapenems).

There is only limited information about the safety of ZINNAT in pregnant women. If you are pregnant your doctor will discuss with you if the benefits of taking ZINNAT outweigh the possible risks to your baby.

The ingredients in ZINNAT can pass into breast milk. If you are breast-feeding, you must check with your doctor before you take ZINNAT.

- *Taking other medicines*

Tell your doctor or pharmacist if you're taking any other medicines, if you've taken any recently, or if you start taking new ones. This includes medicines bought without a prescription.

Medicines used to reduce the amount of acid in your stomach (e.g. antacids used to treat heartburn) can affect how ZINNAT works.

- Tell your doctor or pharmacist if you are taking any medicine like this.

ZINNAT may reduce how well the contraceptive pill works. If you are taking the contraceptive pill while you are being treated with ZINNAT you also need to use a barrier method of contraception (such as condoms). Ask your doctor for advice.

How to use ZINNAT

- *How much to use*

Always take ZINNAT exactly as your doctor has told you to. Check with your doctor or pharmacist if you're not sure. If you have kidney problems your doctor may reduce your frequency.

Adults:
The usual dose of ZINNAT is 250mg to 500mg twice daily depending on the severity and type of infection.
The dose for uncomplicated sexually transmitted infections is single dose of 1g.

Children:
The usual starting dose of ZINNAT is 125mg to 250mg twice daily depending on the severity and type of infection.

Depending on the illness or how you or your child responds to treatment, the starting dose may be changed. More than one course of treatment may be needed.

- *When to use it*

Take ZINNAT tablets after food. This will help to make the treatment more effective.

- *How long to use it*

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The usual course of therapy is seven days (range 5 to 10 days). It is important that you take the full course of ZINNAT. Don't stop unless your doctor advised you to – even if you are feeling better. If you don't complete the full course of treatment, the infection may come back.

- *If you forget to use it*

Don't take an extra dose to make up for a missed dose. Just take your next dose at the usual time.

- *If you use too much (overdose)*

If you take too much ZINNAT you may be more likely to have fits (seizures). Don't delay. Contact your doctor or your nearest hospital emergency department immediately. If possible, show them the ZINNAT pack.

While you are using it

- *Things you must do*

The label on it will usually tell you how much to take and how often. If you are not sure ask your doctor or pharmacist.

- *Things you must not do*

Swallow ZINNAT tablets whole with some water. Don't chew, crush or split the tablets – This may make the treatment less effective.

This medicine has been prescribed for you personally. Don't pass it on to other people - it may harm them even if their symptoms seem to be the same as yours.

- *Things to be careful of*

If you need a blood test:
ZINNAT can affect the results of a test for blood sugar levels, or a blood screen called the Coombs test. If you need a blood test:

- Tell the person taking the sample that you have taken ZINNAT.

ZINNAT can make you dizzy and have other side effects that make you less alert.

- Don't drive or use machines unless you're feeling well.

Side Effects

Like all medicines, ZINNAT can cause side effects, but not everybody gets them.

ZINNAT may cause severe allergy and serious skin reactions. Stop using ZINNAT and seek medical assistance immediately if you experience any of the following symptoms:

- skin reddening, blisters, rash, fever, sore throat or eye irritation

Contact a doctor immediately if you get any of these symptoms.

Severe allergic reactions
These are very rare in people taking ZINNAT. Signs include:

- chest pain in the context of allergic reactions, which may be a symptom of allergy triggered cardiac infarction (Kounis syndrome)
- raised and itchy rash (hives)
- swelling, sometimes of the face or mouth, causing difficulty in breathing
- collapse

Serious skin reactions

- skin rash, which may blister, and looks like small targets (central dark spots surrounded by a paler area, with a dark ring around the edge) *erythema multiforme*
- a widespread rash with blisters and skin peeling on much of the body surface (*toxic epidermal necrolysis*), particularly around the mouth, nose, eyes and genitals (*Stevens-Johnson syndrome*).

Fungal infections
On common occasions, medicines like ZINNAT can cause an overgrowth of yeast (*Candida*) in the body which can lead to fungal infections (such as thrush). This side effect is more likely if you take ZINNAT for a long time.

On rare occasions, medicines like ZINNAT can cause inflammation of the large intestine, causing diarrhoea, usually with blood and mucus, stomach pain, fever.

Common side effects
These may affect up to 1 in 10 people:

- Headache
- Dizziness
- Diarrhoea
- Nausea (Feeling sick)
- Stomach pain

Common side effects that may show up in blood tests:

- Increase in a type of white blood cell (*eosinophilia*)
- Increase in some substances(enzymes) produced by the liver

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Uncommon side effects that may show up in blood tests:

- Decrease in number of blood platelets
- Decrease in the number of white blood cells

Very rare side effects
These may affect up to 1 in 10,000 people:

- Fever
- Yellowing of the whites of the eyes or skin
- Inflammation of the liver

Very rare side effects that may show up in blood tests:

- Red blood cells destroyed too quickly (*haemolytic anaemia*)

If you get side effects

- Tell your doctor or pharmacist if any of the side effects listed becomes severe or troublesome, or if you notice any side effects not listed in this leaflet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of ZINNAT

- *Storage*

Keep out of the reach and sight of children.
Do not take ZINNAT after the expiry date shown on the pack.
Store below 30°C. Store it in its original packaging.

- *Disposal*

If you have any unwanted ZINNAT tablets, don't dispose of them in your waste water or household rubbish. Ask your pharmacist how to dispose of medicines no longer required. This will help to protect the environment.

Product Description

- *What it looks like*

250mg:
White to off-white, oblong, biconvex tablets engraved "GXES7" on one side and plain on the other.

- available in pack sizes of 10 or 50 tablets.

500mg:
White to off white, oblong, biconvex tablets engraved "GXEG2" on one side and plain on the other.

- available in pack sizes of 10 tablets.

- *Ingredients*

- Active ingredient(s)
ZINNAT tablets containing 250mg or 500mg of cefuroxime (as cefuroxime axetil).

- Inactive ingredient(s)
Tablet Core
Microcrystalline cellulose, Croscarmellose sodium, Sodium lauryl sulphate, Hydrogenated vegetable oil, Colloidal silicon dioxide.

Tablet Coating
Hypromellose, Propylene glycol, Opaspray White.

- MAL number

ZINNAT TABLET 250mg
MAL19890137ARZ

ZINNAT TABLETS 500mg
MAL22086003ARZ

Manufacturer
Sandoz GmbH
Biochemiestraße 10,
6250 Kundl, Austria

Product Registration Holder
Sandoz Products Malaysia Sdn. Bhd.
3A-2 & 3A-3, Level 3A, Menara KEN TTDI,
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Date of Revision
Oct 2026

Serial Number
NPRA (R1/4) 16042025/075