

CITRAL SODA EFFERVESCENT GRANULES

Sodium Bicarbonate/ Sodium Citrate Anhydrous/ Anhydrous Citric Acid/ Tartaric Acid
(1.76g/630mg/720mg/890mg)

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What Citral Soda is used for

- Urine alkalization for treatment of mild urinary tract infection.
- Relieve symptoms of difficulties in urination.
- Enhance the action of certain antibiotics.
- For gout.

How Citral Soda works

Citral Soda acts as urinary alkaliser. This action results in increased pH value of stomach contents, thus providing relief of hyperacidity symptoms

Before you use Citral soda

-When you must not use it

If you are suffer from kidney disease, untreated Addison's disease, heart disease

-Before you start to use it Tell your healthcare professional if you have or have had any of the following medical conditions: Peptic ulceration, kidney problems, on sodium restricted diet.

Tell your healthcare professional if you are allergic to any other medicines, foods, dyes or preservatives.

Tell your healthcare professional if you are pregnant or plan to become pregnant.

Tell your healthcare professional if you are breastfeeding or wish to breastfeed.

- Taking other medicines

Citral soda should be avoided while taking antacid, ciprofloxacin, norfloxacin, ofloxacin and salicylates.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Citral soda

- How much to use

You should check with your healthcare professional if you are not sure how to take Citral soda.

The usual dose is 4-8g (1 to 2 sachets) dissolved in cold water four times daily

When to use it

Use as directed by your doctor or pharmacist and always take it at the same time of the day.

- How long to use it

Continue taking Citral soda for as long as your healthcare professional tells you to.

The length of treatment with Citral soda will depend on how quickly your symptoms improve.

- If you forget to use it

Do not take a double dose to make up for a forgotten dose. If you have further questions on the use of this product, ask your healthcare professional.

- If you use too much (overdose)

Overdosage with sodium salts may cause serious electrolyte disturbances. Ingestion of large amounts of sodium citrate irritates the gastrointestinal mucosa & may result in diarrhea, nausea, vomiting, swelling and convulsions. If you accidentally take too much Citral soda you should consult a healthcare professional or hospital as soon as possible.

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While you are using Citral soda

- Things you must do

Drink plenty of water.
Urinate frequently. Don't delay going to the bathroom.

- Things you must not do Not take Citral soda to treat any other complaints unless your healthcare professional tells you to do so.

Do not give Citral soda to anyone else, even if they have the same condition as you.

Do not stop taking Citral soda, or lower the dose, without checking with your healthcare professional.

- Things to be careful of

If symptoms persist please consult your healthcare professional.

Side effects

Like all medicines, Citral soda can cause side effects, although not everybody gets them. If you notice this or any other effects, stop taking the product and tell your healthcare professional or pharmacist.

Large doses of Citral soda may cause diarrhea, nausea, vomiting and exert laxative effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Citral soda

- Storage

Store below 30°C. Protect from moisture. Keep out of the reach of children. Do not use Citral soda after the expiry date which is stated on the sachet. The expiry date refers to the last day of the month.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist /healthcare professional how to dispose of medicines no longer required.

These measures will help to protect the environment.

Product description

- What it looks like

White granular free flowing powder filled in a printed tri laminated aluminium poly glycine paper, after dissolving in 200ml water gives clear colourless solution.

- Ingredients

- Active ingredient: Sodium Bicarbonate, Sodium Citrate Anhydrous, Anhydrous Citric Acid, Tartaric Acid

- Inactive ingredient: Flavor Lemon Dry

- MAL number:

MAL20126025XC

Manufacturer

Akums Drugs & Pharmaceuticals Ltd.
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Product Holder Registration

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