

COLFEN ALLERGY TABLET 10 MG

Cetirizine Dihydrochloride (10mg)

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What Colfen Allergy Tablet 10 mg is used for

Colfen Allergy Tablet 10 mg is used for symptomatic treatment. It can be used to treat:

- Seasonal rhinitis (inflammation of the nasal airways).
- Perennial allergic rhinitis (occurs year-round).
- Urticaria (a raised, itchy rash that appears on the skin) of allergic origin.

How Colfen Allergy Tablet 10 mg works

Cetirizine dihydrochloride, the active ingredient of Colfen Allergy Tablet 10 mg is an antihistamine. It blocks the effects of a substance called histamine which occurs naturally in the body. Histamine is involved in allergic reactions. Antihistamines like Colfen Allergy Tablet 10 mg relieve the unpleasant symptoms and discomfort associated with these conditions, such as sneezing, irritated, runny and blocked up nose, itchy, red and watering eyes and skin rashes.

Before you use Colfen Allergy Tablet 10 mg

-When you must not use it

Do not take Colfen Allergy Tablet 10 mg if:

- You are having hypersensitivity to any of its ingredients.
- You are on first 3 month of pregnancy or if you are breastfeeding.
- It is not prescribed by a qualified doctor or pharmacist for you.

-Before you start to use it

Tell your doctor if:

- You are allergic to any medicines, food and dyes.
- You are taking any other medicines (including those not prescribed by your doctor).
- You are pregnant or nursing baby

-Taking other medicines

You should tell your doctor if you are taking the following medicine as it may interact with your Colfen Allergy Tablet 10 mg:

- Sedatives.
- Alcohol or other Central Nervous System (CNS) depressants.

How to use Colfen Allergy Tablet 10 mg

-How much to use

Adults

Take one tablet once daily. A starting dose of half a tablet may be proposed if this leads to satisfactory control of the symptoms.

Children

Children aged from 6 to 12 years

Take half a tablet in the morning and in the evening.

Children over 12 years of age

Take one tablet once daily.

Take the tablet with a glass of water. Do not take more than one tablet each day.

-When to use it

Your doctor will decide when it is appropriate for you to use Colfen Allergy Tablet 10 mg according to the type of condition you have.

-How long to use it

Continue taking Colfen Allergy Tablet 10 mg for as long as doctor recommends.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

- Restlessness, irritability and drowsiness may occur.
- Treatment should be symptomatic or supportive.

It is advisable for you to contact and inform your doctor if you did take Colfen Allergy Tablet 10 mg too much.

While you are using it

-Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Colfen Allergy Tablet 10 mg.
- Tell your doctor immediately if you become pregnant while taking this medication.

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-Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Colfen Allergy Tablet 10 mg to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

- Caution should be taken while taking Colfen Allergy Tablet 10 mg during pregnancy and nursing baby.
- Caution should be taken in activities requiring mental alertness such as driving or operating potentially dangerous machinery.

Side effects

Like all medicines, Colfen Allergy Tablet 10 mg can cause side effects although not everybody gets them. You are advised to consult doctor/ pharmacist for further information. The following common side effects have been reported:

- Headache.
- Dizziness.
- Drowsiness.
- Agitation.
- Dry mouth.
- Gastrointestinal discomfort.
- Symptom of hypersensitivity.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [(Consumer → Reporting of Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Colfen Allergy Tablet 10 mg

-Storage

Keep Colfen Allergy Tablet 10 mg out of reach of children. Store below 30°C. Keep container well closed and protect from light.

-Disposal

Do not use Colfen Allergy Tablet 10 mg after the expiry date which is stated on the carton.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Colfen Allergy Tablet 10 mg is a yellow colored, oblong shape tablets with score line on both sides.

-Ingredients

-Active Ingredient:
Cetirizine dihydrochloride

-Inactive Ingredients:

Lactose monohydrate, corn starch, povidone K30, sodium starch glycolate, magnesium stearate, isopropyl alcohol, yellow iron oxide.

-MAL Number

MAL

Product Registration Holder

Appeton Healthcare Sdn. Bhd.
No.1, Jalan TTC 12,
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Manufacturer

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Date of revision

05/12/2023

Serial number

NPRA (R2) 22/083