

Neurofind Prolonged Release Tablets

Methylphenidate hydrochloride (18 mg, 27 mg, 36 mg)

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What Neurofind is used for

Neurofind is used for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in children and adolescents aged 6 to 17 and adults aged 18 to 65 years old.

How Neurofind works

Neurofind improves the activity of certain parts of the brain which are under-active. The medicine can help improve attention (attention span), concentration and reduce impulsive behavior.

The medicine is given as part of a treatment program, which usually includes:

- psychological
- education and
- social therapy

Although there is no cure for ADHD, it can be managed using treatment programs.

Before you use Neurofind

- When you must not use it

Do not take Neurofind if you:

- are allergic to methylphenidate or any other ingredients in this medicine
- are being treated or recently been treated with monoamine oxidase (MAO) inhibitor medicines within 14 days
- take methylphenidate for severe depression and/or for the

prevention or treatment of normal fatigue states

- use in children under 6 years old

- Before you start to use it

Talk to your doctor before taking Neurofind if you:

- have a heart defect
- have medical conditions related to blood pressure and heart rate
- have tics (movements or sounds that you cannot control) or Tourette's syndrome, or if someone in your family has tics or Tourette's syndrome
- have a serious mental health problem
- have history of seizures
- have a problem with the blood vessels in your brain (such as an aneurysm)
- develop severe headaches, weakness or paralysis of any body part, or develop problems with coordination, vision, speaking, finding words or with your memory
- have a history of drug dependence or alcoholism
- have a narrowing or blockage of the gastrointestinal tract (esophagus, stomach, or small or large intestine)
- have liver or kidney impairment
- have difficulty in swallowing
- are not growing as expected for your age (your doctor may carefully watch your height and weight)
- have eye problems, such as increased pressure in the eye (glaucoma), or long-sightedness (difficulty seeing near objects)

Pregnancy and lactation

Methylphenidate passes into breast milk. Inform your doctor if you are pregnant, planning to become pregnant, breastfeeding, or planning to breastfeed. Your doctor will decide whether you can take Neurofind.

- Taking other medicines

Tell your doctor about all medicines you are taking. Your doctor will decide whether you can take Neurofind with other medicines.

- Neurofind should not be used in people being treated (currently or within the previous 2 weeks) with MAO inhibitors (see When you must not use it)
- Neurofind should be used cautiously with vasopressor agents, a type of medicine that is used to increase your blood pressure
- Neurofind may decrease the effectiveness of medicines called 'antihypertensives', which are used to treat high blood pressure. Your doctor may check your blood pressure and change your dose of antihypertensive medicine
- Tell your doctor if you are going to have an operation. Neurofind should not be taken with certain anesthetics on the day of the operation, as there is a chance of a sudden rise in blood pressure and heart rate during the operation
- Tell your doctor if you take a type of medicine called an antipsychotic
- Neurofind may change the way your body reacts to certain medicines. These include certain medicines used to treat depression (tricyclics and selective serotonin reuptake inhibitors), a class of medicines to prevent seizures (e.g. phenobarbital, phenytoin, primidone), or prevent blood clots (commonly called 'blood thinners'). Your doctor may need to change your dose of these medicines if you are taking them with Neurofind

How to use Neurofind

- How much to use

Take the dose prescribed by your doctor. Your doctor will decide the right dose for you.

- When to use it

Take Neurofind once each day in the morning.

Neurofind may be taken with or without food. Swallow the tablet whole with water or other liquids.

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Do not chew, crush or break the tablets.

- How long to use it

Continue taking Neurofind for as long as your doctor recommends.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the nearest hospital Emergency Department, if an overdose has been taken. Do this even if there are no signs of poisoning or discomfort. You may need urgent medical attention.

Taking too much of this medicine may cause: vomiting, feeling agitated, muscle twitching, seizures, feeling confused, seeing, feeling, hearing or smelling things that are not there (hallucinations), excessive sweating, headache, fever, fast heartbeat, feels strong pounding of heartbeat, high blood pressure, dilated pupils, and dry mouth.

While you are using Neurofind

- Things you must do

- Take your medicine exactly as your doctor has told you
- Tell all the doctors, dentists and pharmacists treating you that you are taking Neurofind
- Tell your doctor immediately if you become pregnant while taking this medication

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor
- Do not take any new medicines without consulting your doctor

- Do not give Neurofind to anyone else, even if they have the same symptoms or condition as you
- Do not be concerned if you occasionally notice in their stool something that looks like a tablet

- Things to be careful of

Driving and using machines
This medicine may impair your ability to drive or use machines. You should exercise caution until you are reasonably certain that Neurofind does not adversely affect your ability to engage in such activities.

Side effects

Like all medicines, Neurofind can cause side effects, although not everybody gets them.

Very common (may affect more than 1 in 10 people)

- Decreased appetite
- Difficulty sleeping
- Headache
- Dry mouth
- Nausea

Common (may affect up to 1 in 10 people)

- Fever, cough and sore throat
- Blurred vision
- Skin rash
- Cold
- Spinning sensation or dizziness
- Stomach pain
- Vomiting, diarrhoea and constipation
- Weight loss
- Fast or strong pounding of heartbeat
- Hot flushes
- Increased blood pressure
- Increased alanine aminotransferase (liver enzyme) in the blood
- Shortness of breath
- Shaking, muscle tightness or spasms
- Difficulty getting and keeping an erection (impotence)
- Movements or sounds that you cannot control (tics)
- Unusual feeling in the skin (such as tingling or a crawling feeling)
- Feeling depressed and restless

- Clenching or grinding the teeth
- Decreased sex drive
- Panic attacks
- Excessive sweating and being thirsty
- Mood swings
- Feeling tense, confused, irritable, weak and sleepy
- Become aggressive, anxious or agitated

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Neurofind

- Storage

- Store below 30°C
- Keep the bottle tightly closed to protect from moisture
- Keep the medicine out of reach of children

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Neurofind 18 mg:

Round, biconvex, yellow film-coated tablets, 8.5 mm of diameter with a hole in one side of the tablet

Neurofind 27 mg:

Round, biconvex, grey, film-coated tablets, 8.5 mm of diameter with a hole in one side of the tablet

Neurofind 36 mg:

Round, biconvex, white film-coated tablets, 10 mm of diameter with a hole in one side of the tablet

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Methylphenidate hydrochloride (18 mg, 27 mg, 36 mg)

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| <p>- <u>Ingredients</u></p> <p>- Active ingredient
Methylphenidate hydrochloride</p> <p>- Inactive ingredients
Tablet content:
Hypromellose, Polyethylene oxide, Succinic acid, Magnesium stearate, Sodium chloride, silica colloidal anhydrous, Black iron oxide, Cellulose acetate, Polyethylene glycol, Acetone, Phosphoric acid</p> <p>Tablet coating 18 mg:
Lactose monohydrate, Hypromellose, Titanium dioxide, Triacetin, Yellow iron oxide, Red iron oxide</p> <p>Tablet coating 27 mg:
Lactose monohydrate, Hypromellose, Titanium dioxide, Triacetin, Black iron oxide, Red iron oxide</p> <p>Tablet coating 36 mg:
Lactose monohydrate, Hypromellose, Titanium dioxide, Triacetin</p> <p>- <u>MAL number</u>
MAL26076047ACZ (18 mg)
MAL26076033ACZ (27 mg)
MAL26076032ACZ (36 mg)</p> | <p>Date of revision
15/07/2026</p> <p>Serial Number
NPRA (R2) 25/016</p> |
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Manufacturer

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Product Registration Holder

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