

NUVANTA CHONDROSAMINE TABLET

Glucosamine Hydrochloride 500mg and Chondroitin Sulfate Sodium 445mg equivalent to Chondroitin Sulfate 400mg

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What *Nuvanta Chondrosamine Tablet* is used for:

Nuvanta Chondrosamine Tablet is used as an adjunctive therapy in osteoarthritis.

How *Nuvanta Chondrosamine Tablet* works:

Nuvanta Chondrosamine Tablet provides relief to sufferers of arthritis by reducing joint inflammation and relieving associated pain.

Before you use *Nuvanta Chondrosamine Tablet*:

For those with type 2 diabetics and those who have problems with glucose tolerance whom consumed glucosamine and anti-inflammatory drug (in case of severe pain), please ensure that their blood sugar carefully monitored during the first day of the treatment

For those taking warfarin and those who hemophilia should exercise caution before taking this product.

Make sure chondroitin not used concomitantly with chitosan.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Diabetic patients should take glucosamine under medical supervision.

- Pregnancy and lactation

Pregnancy and lactation, as for other drugs, this tablet should be given under medical supervision.

How to use *Nuvanta Chondrosamine Tablet*

Light to Moderate Symptoms: 1 tablet twice daily, 15 minutes before meals for at least 6 weeks. (or according to medical prescription)

Severe Osteoarthritis Symptoms - Initial Therapy: 1 tablet 3 times daily, 15 minutes before meals during a period of least 8 weeks.

Follow-up Therapy: 1 tablet twice daily, 15 minutes before meals. Maintenance therapy should be followed for 3-4 months by taking of 1 tablet daily.

To be taken orally.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue using *Nuvanta Chondrosamine Tablet* for as long as your doctor/pharmacist recommends.

Long-term Treatment:

The treatment should be repeated every other 6 months or less according to medical prescription.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

- If you use too much (overdose)

No cases of accidental or intentional overdose are known. The animal acute and chronic toxicological studies indicate that toxic effects and symptoms of toxicity are not likely to

occur, even after high overdoses. However, In the event of acute overdose, the patient should be observed closely and symptomatic treatment should be initiated.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Nuvanta Chondrosamine Tablet*.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give *Nuvanta Chondrosamine Tablet* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Diabetic patients should take glucosamine under medical supervision.

Glucosamine is derived from seafood. Chondroitin is derived from bovine.

Side effects

Like all medicines, *Nuvanta Chondrosamine Tablet* can cause side effects, although not everybody gets them. Below is the list of side effects that might be occurred in some people:

1. Cardiovascular:

Peripheral edema, tachycardia were reported in a few patients following larger clinical trials investigating oral administration in osteoarthritis. Causal relationship has not been established.

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2. *Central nervous system:*
Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%).
3. *Gastrointestinal:*
Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.
4. *Skin:*
Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.
- Glucosamine Hydrochloride 500mg and Chondroitin Sulphate Sodium 445mg equivalent to Chondroitin Sulfate 400mg.
- The excipients of this product are microcrystalline cellulose, magnesium stearate, crospovidone XL, Opadry II White, purified water.
- MAL Number
MAL19116028X
- Manufacturer**
Unison Nutraceuticals Sdn Bhd
No 13, Jalan Tasik Utama 52, Kawasan Perindustrian Tasik Utama, 75450 Ayer Keroh, Melaka.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website www.npra.gov.my [Consumer → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Product Registration Holder
No 13, Jalan Tasik Utama 52, Kawasan Perindustrian Tasik Utama, 75450 Ayer Keroh, Melaka.

Date of revision
21/05/2025

Serial Number
NPRA(R2/1)210812/727

Storage and Disposal of Nuvanta Chondrosamine Tablet

- Storage
Keep out of reach of children.
Store below 30°C in a dry place, away from direct sunlight
- Disposal
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Further information

- Product Description
This tablet is white to off white, oval shaped, plain, 16.6mm in length film coated tablet.
- Ingredients
Each tablet contains: