

UNISON GLUCOSAMINE 500MG TABLET

Glucosamine Sulfate-Potassium Chloride 699.00mg equivalent to Glucosamine sulfate 500.00mg

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What Glucosamine 500 is used for:

Glucosamine 500 is used as an adjunctive therapy in osteoarthritis

How Glucosamine 500 works:

Glucosamine 500 provides relief to sufferers of arthritis by reducing joint inflammation and relieving associated pain

Before you use Glucosamine 500

For those with type 2 diabetics and those who have problems with glucose tolerance whom consumed glucosamine and anti-inflammatory drug (in case of severe pain), please ensure that their blood sugar carefully monitored during the first day of the treatment.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Diabetic patients should take glucosamine under medical supervision.

- Pregnancy and lactation

Pregnancy and lactation, as for other drugs, this tablet should be given under medical supervision.

How to use Glucosamine 500

Light to moderate : 1 tablet twice daily, 15 minutes before meals for at least 6 weeks. (or according to medical prescription)

Severe osteoarthritis symptoms -

Initial Therapy: 1 tablet 3 times daily, 15 minutes before meals for at least 8 weeks.

Follow up therapy: Maintenance therapy should be followed for 3-4 months (or according to medical prescription) by admission of 1 tablet taken 2 times daily, 15 minutes before meals. The treatment should be repeated every other 6 months or less according to medical prescription.

To be taken orally.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue using *Glucosamine 500* for as long as your doctor/pharmacist recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

- If you use too much (overdose)

No cases of accidental or intentional overdose are known. The animal acute and chronic toxicological studies indicate that toxic effects and symptoms of toxicity are not likely to occur, even after high overdoses. However, In the event of acute overdose, the patient should be observed closely and symptomatic treatment should be initiated.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Glucosamine 500*

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give *Glucosamine 500* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Diabetic patients should take glucosamine under medical supervision.

This tablet is derived from seafood.

Side effects

Like all medicines, *Glucosamine 500* can cause side effects, although not everybody gets them. Below is the list of side effects that might be occurred in some people:

1. *Cardiovascular:*

Peripheral edema, tachycardia were reported in a few patients following larger clinical trials investigating oral administration in osteoarthritis. Causal relationship has not been established.

2. *Central nervous system:*

Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%).

3. *Gastrointestinal:*

Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.

4. Skin:
Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.

Manufacturer

Unison Nutraceuticals Sdn Bhd
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Utama, 75450 Ayer Keroh Melaka

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Product Registration Holder

Unison Nutraceuticals Sdn Bhd
No 13, Jalan TTU 52, Taman Tasik
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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-788355490, or visiting the website npa.gov.my [Consumers
→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Date of revision

14/05/2019

Serial Number

NPRA(R2)19/19

Storage and Disposal of Glucosamine 500

- Storage

Keep out of reach of children.

Store below 30°C in a dry place, away from direct sunlight

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Further information

- Product Description

This tablet is white to off white, oval shaped film-coated tablet, 16.6mm in length

- Ingredients

Each tablet contains:

Glucosamine Sulphate-Potassium chloride 699.00mg equivalent to Glucosamine sulphate 500.00 mg.

Inactive ingredients are microcrystalline cellulose, dibasic calcium phosphate dehydrate, magnesium stearate, colloidal silicone dioxide, Opadry II White, purified water.

- Registration Number

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