

PANELIEF EFFERVESCENT TABLET 500MG

Paracetamol 500mg

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What Panelief Effervescent Tablet 500mg used for

Panelief Effervescent Tablet 500mg is used for treatment of most painful and febrile condition, for example Headache, Toothache, Backache, Rheumatic and Muscle Pains, dysmenorrhoea, sore throat and for relieving the fever, aches and pains of cold and flu.

How Panelief Effervescent Tablet 500mg works

Paracetamol works by inhibiting the production of compounds in the body called prostaglandin to reduce pain and fever.

Before you use Panelief Effervescent Tablet 500mg

-When you must not use it

Do not take this medicine if

- You are allergic to Paracetamol or any of the ingredients in this product. This product contains Aspartame. Unsuitable for phenylketonurics.

-Before you start use it

Check with the doctor or pharmacist before taking Panelief Effervescent Tablet 500mg if you:

- Have liver or kidney impairment
- Suffer from non-serious arthritis and need to take painkillers everyday,
- Underweight and malnourished
- Regularly drink alcohol
- Pregnant or breastfeeding
- Have severe infections as this may increase the risk of metabolic acidosis. Sign of metabolic acidosis

include: shallow, rapid, difficult breathing, feeling sick (nausea), being sick (vomiting), loss of appetite,. Contact doctor immediately if you get any combination of these symptoms.

Each effervescent tablet contain 329mg of sodium per tablet. To be taken into consideration if you are on controlled sodium diet.

- Taking other medicines

Check with your doctor before use if you are taking warfarin or similar medicine used to thin blood.

Tell your doctor if you are taking any other medicines including any that you by without a prescription from a pharmacy, supermarket or health food shop. Some medication and this product can interfere with each other.

WARNING

This preparation contains PARACETAMOL. Do not take any other paracetamol containing medicines at the same time

How to use Panelief Effervescent Tablet 500mg

-How much to use

Adults (including the elderly) and children aged 12 years and over: 1 - 2 tablets dissolved in at least half a glass of water every 4 to 6 hours as required.

Children 9 to 11 years: 1 tablet dissolved in at least half a glass of water.

Children under 9 years: Not recommended.

Maximum daily dose

Adults (including the elderly) and children aged 12 years and over: 8 tablets.

Children 9 to 11 years: 60mg/kg paracetamol to be administered in divided doses throughout the 24-hour period (no more than 4 doses in 24 hour) The lowest dose necessary to achieve efficacy should be used for the shortest duration of treatment.

Oral administration only.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

-When to use it

To be taken every 4 to 6 hours as required.

Do not take more frequent than every 4 hours.

Used as directed by your doctor or pharmacist.

-How long to use it

Take Panelief Effervescent Tablet 500mg for the duration as your doctor recommends.

If symptom persist for more than 3 days, please see your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

If you take more of the medicine than you should, seek medical advice immediately because the risk of liver failure which may require liver transplant or lead to death. Acute pancreas inflammation has been observed as well.

This product contain sodium bicarbonate and high doses of sodium bicarbonate may be expected to induce gastrointestinal symptom including belching and nausea and high sodium level.

Contact your doctor or go to Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no sign of discomfort of poisoning. You may need urgent medical attention.

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While you are using Panelief Effervescent Tablet 500mg

-Things you must do

Take your medicine exactly as your doctor told you or according to instruction on pack. Tell all the doctors, dentists, and pharmacist treating you that you are taking Panelief Effervescent Tablet 500mg. Tell your doctor immediately if you become pregnant while taking this medication.

-Thing you must not do

Do not exceed the stated dose.
Do not take any new medicine without consulting your doctor or pharmacist.
Do not give Panelief Effervescent Tablet 500mg to anyone else, even if they have symptom or condition as you.

-Thing to be careful of

ALLERGY ALERT:

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters and rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.
This product is unlikely to cause an effect on ability to drive and use machines

Side Effects

Stop taking this medicine and tell your doctor immediately if:

- You experience allergic reactions such as skin rash or itching, sometimes with breathing problem or swelling of the lips, tongue, throat or face.
- You experience a skin rash or peeling, or mouth ulcer.
- You have previously experienced breathing problems with aspirin or non-steroidal anti inflammatories, and experience a similar reaction with this product.
- You experience unexplained bruising or bleeding.

These reaction are rare. Skin hypersensitivity reactions including skin rashed, swelling under skins, Steven Johnsons syndrome/Toxic Epidermal Necrolysis have been reported.

Like all medicine Panelief Effervescent Tablet 500mg can cause side effects, although not everybody get them. Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Panelief Effervescent Tablet 500mg

-Storage

Keep out of reach and sight of children.

Protect from light and moisture.

Do not store above 30°C.

Do not use medicine after the expiry date which is stated on the product packaging.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White to off-white, round tablet, flat and plain on both sides. When dissolved in water, the tablet effervesces to produce a colorless solution with characteristic aroma.

- Ingredients

-Active ingredient:

Paracetamol 500mg

-Inactive ingredients:

Citric acid anhydrous, Sodium bicarbonate, Sodium carbonate anhydrous, Povidone K30, Macrogl 6000, Sodium benzoate, Saccharin sodium, Aspartame, Lemon lime flavour & Ethanol absolute.

-MAL Number

MAL*****

Manufacturer

Stellapharm J.V. Co., Ltd.- Branch 1
(A Joint Venture Company of Auxilto GmbH, Germany)

No. 40 Tu Do Avenue, Vietnam – Singapore Industrial Park, An Phu Ward, Thuan An City, Binh Duong Province, Vietnam.

Product Registration Holder

Aetos Pharma Sdn Bhd

66B, Tingkat 2, Jalan Cerdas, Taman Connaught, 56000 Kuala Lumpur, Malaysia.

Date of Revision

24/07/2026

Serial Number

NPRA (R2) 26/147