

# Rhinisone<sup>®</sup> Nasal Spray (Mometasone furoate 50 mcg/actuation)

Mometasone Furoate (50mcg/actuation)

## What is in this leaflet

1. What Rhinisone<sup>®</sup> Nasal Spray is used for
2. How Rhinisone<sup>®</sup> Nasal Spray works
3. Before you use Rhinisone<sup>®</sup> Nasal Spray
4. How to use Rhinisone<sup>®</sup> Nasal Spray
5. While you are using it
6. Side effects
7. Storage and Disposal of Rhinisone<sup>®</sup> Nasal Spray
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision
11. RiMUP serial number

## What Rhinisone<sup>®</sup> Nasal Spray is used for

Rhinisone<sup>®</sup> Nasal Spray contains mometasone furoate, one of a group of medicines called corticosteroids.

Rhinisone<sup>®</sup> Nasal Spray is used in adults, adolescents and children between the ages of 3 and 11 years to treat the symptoms of hay fever (also called seasonal allergic rhinitis) and perennial rhinitis. In adults and adolescents aged 18 and over, Rhinisone Nasal Spray is also used to treat nasal polyps. In patients aged 12 and over without signs or symptoms of severe bacterial infection, Rhinisone<sup>®</sup> Nasal Spray is used to treat acute rhinosinusitis.

## How Rhinisone<sup>®</sup> Nasal Spray works

When tiny amounts of mometasone furoate are sprayed into the nose, it can help to relieve inflammation, sneezing, itching and a blocked up or runny nose.

## Before you use Rhinisone<sup>®</sup> Nasal Spray

### - When you must not use it

Do not take this medicinal product if you have the following conditions:

- If you are allergic (hypersensitive) to mometasone furoate or any of the other ingredients of Rhinisone<sup>®</sup> Nasal Spray.
- If you have an infection in your nose. You should wait until the infection is resolved before you start using the nasal spray.
- If you have bleeding tendency or recurring nose bleeds.
- If you have recently had an operation on your nose or you have injured your nose. You should wait until it has healed before you start using the nasal spray.

### *Pregnancy and lactation*

If you are pregnant, trying to become pregnant or breastfeeding, you should not use Rhinisone<sup>®</sup> Nasal Spray unless your doctor has told you to. Tell your doctor if you are pregnant before you start using this medicine.

### - Before you start using it

Tell your doctor or pharmacist before using Rhinisone<sup>®</sup> Nasal Spray:

- If you have or have ever had tuberculosis.
- If you have herpes simplex (virus) infection of the eye.
- If you have any other type of infection.
- If you are taking other corticosteroid medicines, either by mouth or by injection.
- If you had recent nasal surgery or trauma.

Discuss them with your doctor before taking Rhinisone<sup>®</sup> Nasal Spray.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may increase the effects of Rhinisone<sup>®</sup> Nasal Spray and your doctor may wish to monitor you carefully if you are taking these medicines (including some medicines for HIV such as cobicistat).

## How to use Rhinisone<sup>®</sup> Nasal Spray

Rhinisone<sup>®</sup> nasal spray has a dust cap which protects the nozzle and keeps it clean. Remember to take this off before using the spray and to replace it after use.

If you are using the spray for the first time you need to 'prime' the bottle by pumping the spray 10 times until a fine mist is produced:

1. Gently shake the bottle.
2. Put your forefinger and middle finger either side of the nozzle and your thumb underneath the bottle. DO NOT pierce the nasal applicator.
3. Point the nozzle away from you and then press down with your fingers to pump the spray.

If you have not used the spray for 14 days or more, you need to re-prime the bottle by pumping the spray 2 times until a fine mist is produced.

### How to use your nasal spray:

1. Shake the bottle gently and remove the dust cap.
2. Gently blow your nose.
3. Close one nostril and put the nozzle into the other nostril. Tilt your head forward slightly, keeping the bottle upright.
4. Start to breathe in gently or slowly through your nose and whilst you are breathing in squirt a spray of fine

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mist into your nose by pressing down ONCE with your finger.

5. Breathe out through your mouth. Repeat step 4 to inhale a second spray in the same nostril if applicable.
6. Remove the nozzle from this nostril and breathe out through the mouth.
7. Repeat steps 3 to 6 for the other nostril.
8. After using the spray, wipe the nozzle carefully with a clean handkerchief or tissue and replace the dust cap.

## Cleaning your nasal spray:

- It is important to clean your nasal spray regularly, otherwise it may not work properly.
- Remove the dust cap and gently pull off the nozzle.
- Wash the nozzle and dust cap in warm water and then rinse under a running tap.
- Do not try to unblock the nasal applicator by inserting a pin or other sharp object as this will damage the applicator and cause you not to get the right dose of medicine.
- Allow the dust cap and nozzle to dry in a warm place.
- Push the nozzle back onto the bottle and replace the dust cap.
- The spray will need to be primed again with 2 sprays when first used after cleaning.

## - How much to use

### a) **Hay fever and perennial rhinitis**

**Adults and adolescents over 12 years old:**

**The usual dose is two sprays into each nostril once a day for adults (including the elderly) and adolescents over the age of 12 years.**

- Once your symptoms are under control, your doctor may advise you to only spray once into each nostril once a day.
- If you do not start to feel any better, you should see your doctor and he

may tell you to increase the dose to the maximum daily dose of four sprays into each nostril once a day.

- Once your symptoms are controlled your doctor may advise you to reduce the dose.

### **Children aged 3 to 11 years:**

**The usual dose is one spray into each nostril once daily.**

### **b) Nasal Polyps**

**The usual dose for adults and adolescents aged 18 and over is two sprays into each nostril twice daily.**

- Once symptoms are under control, your doctor should ask you to reduce your dose to two sprays into each nostril once daily.

### **c) Acute Rhinosinusitis**

**The usual dose for adults and adolescents aged 12 and over is two sprays into each nostril twice daily.**

- If symptoms get worse during treatment or no improvement seen after 15 days, you should contact your doctor.

## - When to use it

Use as directed by your doctor or pharmacist.

## - How long to use it

Continue taking Rhinisone Nasal Spray for as long as your doctor recommends.

## - If you forget to use it

If you forget to use your nasal spray at the right time, use it as soon as you remember, then carry on as before. Do not take a double dose to make up for a forgotten dose.

## - If you use too much (overdose)

Tell your doctor if you accidentally use more than you were told.

If you use steroids for a long time or in large amounts they may, rarely, affect some of your hormones. In children this may affect growth and development

## **While you are using it**

### - Things you must do

Tell your doctor immediately if you are pregnant or plan to become pregnant while taking this medication.

Tell your doctor if you plan to have or have had a recent nasal surgery or trauma.

Contact your doctor if you experience blurred vision or other visual disturbances.

### - Things you must not do

Do not give your medicine to anyone else, even if they have the same condition as you.

Rhinisone<sup>®</sup> Nasal Spray is for intranasal use only. Avoid getting it into your eyes.

Do not use it to treat anything other than the condition for which it was prescribed.

### - Things to be careful of

While using Rhinisone<sup>®</sup> Nasal Spray, avoid coming into contact with anyone who has measles or chickenpox. You should tell your doctor if you do come into contact with anyone who is suffering from these infections..

Talk to your pharmacist or doctor if your symptoms do not improve.

## **Side effects**

Like all medicines, Rhinisone<sup>®</sup> Nasal Spray can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. Do not

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be alarmed by the following list of possible side effects. You may not experience any of them.

Immediate hypersensitivity (allergic) reactions may occur after use of this product. These reactions may be severe. You should stop taking Rhinisone<sup>®</sup> and get immediate medical help if you experience symptoms such as:

- swollen face, tongue or pharynx
- trouble swallowing
- hives
- wheezing or trouble breathing

In very rare cases, treatment with corticosteroid nasal sprays has led to an increase in pressure in the eye (glaucoma), causing visual disturbances and damage to the partition in the nose which separates the nostrils. Contact your doctor if you notice any of these side effects.

Other side effects

Most people do not have any problems after using the nasal spray. However, some people, after using Rhinisone<sup>®</sup> or other corticosteroid nasal sprays, may find that they suffer from:

- headache
- sneezing
- nose bleeds
- sore nose or throat
- alterations in taste or smell which may occur very rarely.
- blurred vision

## Children

When used at high doses for long periods of time, corticosteroid nasal sprays may cause certain side effects, such as growth reduction in children. It is recommended that the height of children receiving long-term treatment with nasal corticosteroids is regularly monitored and if any changes are noted, their doctor should be notified.

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [nptra.gov.my](http://nptra.gov.my) [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

## Storage and Disposal of RHINISONE<sup>®</sup> Nasal Spray

### - Storage

Keep out of the reach and sight of children.

Store below 30 °C. Please store in cool dry place and away from heat. Do not freeze

Each bottle should be used within 2 months of first opening.

### - Disposal

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### - What it looks like

Rhinisone<sup>®</sup> is a nasal spray suspension. Bottles contain 60 sprays or 140 sprays.

### - Ingredients

#### - Active ingredient

Mometasone furoate 50 micrograms (corresponding to 51.73mcg/actuation of mometasone furoate monohydrate)

#### - Inactive ingredients

Benzalkonium chloride, glycerol, polysorbate 80, microcrystalline cellulose and carmellose sodium, citric acid monohydrate, sodium citrate, purified water.

- MAL number:  
MAL\*\*\*\*\*

## Manufacturer

FARMEA  
10 rue Bouché Thomas  
Z.A.C. d'Orgemont 49000 Angers  
France

## Product Registration Holder

Aetos Pharma Sdn Bhd  
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## Date of revision

10/04/2026

## RiMUP serial number

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