

# Osteotect Powder for oral solution 1500mg

Glucosamine Sulphate Sodium Chloride 1884mg (Equivalent to Glucosamine Sulphate 1500mg)

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## What Osteotect Powder is used for

Osteotect Powder is used as adjuvant therapy for osteoarthritis.

## How Osteotect Powder works

Osteotect Powder contains glucosamine which can stimulate the production of cartilage- building compounds, restore damaged cells of cartilage tissue and has some anti-inflammatory abilities.

## Before you use Osteotect Powder

### - When you must not take it

Do not take this product if you are:

- Allergic (hypersensitivity) to Glucosamine or any other ingredients in Osteotect Powder.
- Allergic to shellfish or shellfish derived products.

### - Before you start to use it

Check with your doctor or pharmacist before taking product name if you:

- Have diabetes
- Are taking warfarin
- Are allergic to shellfish or shellfish derived products.
- Have asthma
- Are inherited with Phenylketonuria (disorder that causes build-up of phenylalanine in the body)
- Have severe liver or kidney problem

Effect can only be seen after approximately 1 week from the beginning. Therefore, in case of intense pains, it is advisable to take pain reliever as recommended by doctor during the first days of treatment with Osteotect Powder.

## Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Inform your doctor or pharmacist if you are taking:

- Antidiabetic medicines
- Warfarin (medicines used to prevent bloodclotting)
- Tetracyclines (an antibiotic)

## How to use Osteotect Powder

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### - How much to take

Dissolve 1 sachet in a glass of water and take once daily.

### - When to use it

Take as directed by your doctor or pharmacist.

### - How long to take it

If your symptoms do not get better after 2- 3 months, you should speak to your doctor or pharmacist as you may need to consider other treatment.

### - If you forget to take it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### - If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medicine may cause headache, dizziness, disorientation, arthralgia, nausea,

vomiting, diarrhea or constipation.

## While you are using Osteotect Powder

### - Things you must do

Use your medicine exactly as your doctor or pharmacist has told you..

### - Things you must not do

Do not use any new medicines without consulting your doctor or pharmacist.

### - Things to be careful of

Ask your health care provider any question you may have about how to use Osteotect Powder.

## Side Effects

Like all medicines, Osteotect Powder can cause side effects, although not everybody gets them.

### Cardiovascular

Peripheral oedema and tachycardia were reported in a few patients following larger clinical trials investigating oral administration in osteoarthritis. Causal relationship has not been established.

### Central nervous system

Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%).

### Gastrointestinal

Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.

### Skin

Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Center for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

## Storage and Disposal of Osteotect Powder

### Storage

- Store below 30°C.
- Protect from light and moisture.
- Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

Appearance of Powder: White powder.

Appearance after reconstitution:

Clear, colorless solution with a pineapple odor.

- Ingredient

- Active ingredients

1884mg of Glucosamine Sulphate  
Sodium Chloride equivalent to  
1500mg Glucosamine Sulphate.

- Inactive ingredients

Mannitol, Pineapple flavor,  
Aspartame

- MAL Number:

MAL00000000XC

**Manufacturer**

MACROPHAR CO LTD

89 Soi Pattanakarn 20

Yaek 4, Pattanakarn

Road., Suan Luang,

Suan Luang, Bangkok

10250, Thailand.

**Product Registration Holder**

AETOS PHARMA SDN. BHD.

No.66B, Tingkat 2, Jalan Cerdas,

Taman Connaught, 56000 Kuala

Lumpur, Malaysia.

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