

REFLUXD SUSPENSION

Consumer Medication Information Leaflet (RiMUP)

Sodium alginate 500mg/10ml, Sodium bicarbonate 213mg/10ml, Calcium carbonate 325mg/10ml

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What RefluxD Suspension is used for

Treatment of acid related symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy.

How RefluxD Suspension works

RefluxD Suspension is a combination of two antacids (calcium carbonate and sodium bicarbonate) and an alginate that work in two ways.

- 1) Neutralising excess stomach acid to relieve the pain and discomfort.
- 2) Forming a protective acid (hyperacidity).

Before you use RefluxD Suspension

- When you must not take it

Do not take this product if you're allergic to any of the ingredients (see full ingredients list).

- Before you start to use it

Please talk to your doctor or pharmacists,

- If you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases.
- If you are patients of Hypercalcaemia, ephrocalcinosis or Recurrent calcium containing renal calculi.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

- Pregnancy and lactation

You can take this product if you are pregnant or breastfeeding. As with all medicines, the treatment duration should be limited as much as possible.

How to take RefluxD Suspension

- How much to take

For oral administration, Adult and children above 12 years old : take 1~2 sachets (10~20mL), 4 times a day (after meals and bedtime).

RefluxD Suspension should be only taken on medical advice of doctor for children under 12 years old.

If takes large doses of calcium carbonate, can cause Alkalosis, acid rebound, Hypercalcaemia, Milk-alkali Syndrome, and Constipation (this occurs if taking products more than recommended dose).

- After taking RefluxD Suspension

Consult your doctor if symptoms persist, or treatment is required for more than seven days continuously.

- When to take it

Use as directed by your doctor or pharmacist.

- How long to take it

Continue taking RefluxD Suspension for as long as your doctor recommends.

- If you use too much (overdose)

Taking large doses of calcium carbonate every day for prolonged periods can lead to high levels of calcium in the blood.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Keep to the recommended dose.

Please consult your doctor or pharmacist if symptoms persist or worsen.

In the event of overdose symptomatic treatment should be given.

- Things you must not do

Do not take this product within two hours of taking other medicine, as it can interfere with the action of some other medicines (especially H2 antihistaminics, tetracyclines, digoxine, fluoroquinolones, iron salts, thyroid hormones, ketoconazole, neuroleptics, thyroxine, penicillamine, beta-blockers (atenolol, metoprolol, propranolol), glucocorticoid, chloroquine, and diphosphonates.

Side effects

Very rarely (less than 1 in 10,000 patients treated) there is a chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness or swelling of the face, lips, tongue or throat. If you experience these or any other side effects, stop taking the product and consult your doctor immediately. Other side effects of unknown or very rare frequency may include constipation, irritability, muscle twitching or muscle cramps, indigestion and high levels of calcium in the blood.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

Storage and Disposal of RefluxD Suspension

- Storage

- Keep this medicine out of the sight and reach of children.
- Store below 30°C (24 months shelf-life).
- Store in the original package.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose

of medicines no longer required.
These measures will help to protect
the environment.

Product Description

- *What it looks like*

RefluxD Suspension is pale yellow to
cream colored oral suspension with
peppermint flavor in sachets.

- *Ingredients*

- *Active ingredients:*

Sodium Alginate
Sodium Bicarbonate
Calcium Carbonate

- *Inactive ingredients:*

Sodium Hydrate, Enzymatically
Modified Stevia, Steviol glucoside,
Carbomer 934P, Sodium
Hydroxide, Methylparaben,
Propylparaben, Citrus flavor 91069,
Peppermint Oil , Purified Water.

- *MAL number:*

MAL25046042X

Manufacturer

GENUONE SCIENCES Inc.
245 Sandangil, Jeonui-myeon,
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Product Registration Holder

AiPharma Healthcare Sdn. Bhd.
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