

J. Bio Pain Relief Cool Patch

Methyl Salicylate 3.47% w/w / 1-Menthol 2.31% w/w / Mentha Oil 1.16% w/w / dl-Camphor 1.62% w/w / Thymol 0.23% w/w

What is in this leaflet

1. What Pain Relief Cool Patch is used for
2. How Pain Relief Cool Patch works
3. Before you use Pain Relief Cool Patch
4. How to use Pain Relief Cool Patch
5. While you are using it
6. Side effects
7. Storage and Disposal of Pain Relief Cool Patch
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Pain Relief Cool Patch is used for

For the relief of symptoms of muscular pain, stiffness, lumbago, muscular fatigue, fatigue, bruising, sprains, neuralgia, rheumatism and joint pains.

How Pain Relief Cool Patch works

Thymol is a disinfectant which also has antifungal properties. Camphor acts as a dilation of the capillaries and an increase in blood circulation and mild pain relief. Menthol and methyl salicylate dilates the vessels, causing a sensation of coldness followed by a pain relief.

Before you use Pain Relief Cool Patch

- When you must not use it

Do not use Pain Relief Cool Patch in Children below 2 years old. Do not use if you are hypersensitive to the component of the plaster.

- Before you start use it

Ask your doctor or pharmacists for advice before using Pain Relief Cool Patch. Tell them if you have any allergies to other medicines.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket, or health food shop.

How to use Pain Relief Cool Patch

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

This product is for external use only. Clean and dry affected area. Apply Pain Relief Cool Patch to the affected area. Apply patch to the affected area once or twice daily. Remove after at most 8 hours.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Adults and Children above 12 Years old: Apply patch to the affected area once or twice daily. Remove after at most 8 hours.

Children 2 to 12 years of age, please consult your pharmacist/doctor.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

- If you use too much (overdose)

The preparation is well tolerated Following the recommended directions.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you. Tell the doctor, dentist and pharmacist treating you that you are taking Pain Relief Cool Patch

- Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Pain Relief Cool Patch to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

The preparation is not recommended to be used on open wounds.

Caution must be exercised when children are treated. It is dangerous to place any camphor containing product into the nostril of children. A small amount applied this way may cause immediate collapse. Avoid getting into eyes or on mucous membranes.

The product contains methyl salicylate and when applied or rub on to the skin, can be absorbed through the skin into the blood.

For patients taking warfarin, excessive application on to skin for muscle or joint pains may increase the chances of bleeding.

Side effects

Patients hypersensitive to component of medicine.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by visiting the website npra.moh.gov.my (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of Pain Relief Cool Patch

- Storage

Keep out of the reach and sight of children.

Store below 30C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White to light grayish-white medical paste, covered with non-woven fabric and has characteristic odor.

Each Sheet (14cm × 10cm)

- Ingredients

- Active ingredients

- Methyl Salicylate
- l-Menthol
- dl-Camphor
- Mentha Oil (26.3mg as Menthol)
- Thymol

- Inactive ingredients

- Kaolin
- Zinc Oxide
- Titanium Oxide
- Gelatin
- Concentrated Glycerin
- Liquid paraffin (Mineral oil)
- Carboxymethylcellulose Sodium
- Polybutene
- Sodium Polyacrylate
- Butylated Hydroxy Toluene
- Polysorbate 60
- PVM and MA Copolymer
- Rubber Latex
- Purified water
- Citric Acid Hydrate
- Polyester Film
- Nonwoven Fabric
- Adhesive Sheet

- MAL number:

MAL25086039X

Manufacturer

Jeil Health Science Inc.
(Building B) 7, Cheongganggachang-ro,
Baegam-myeon, Cheoin-gu,
Yongin-si, Gyeonggi-do, Korea, South

Product Registration Holder

J.Bio Medic Marketing Sdn. Bhd,
Lot 8839, No. 162-C, Section 64, 1st Floor,
Jalan Sekama 93300, Kuching,
Sarawak, Malaysia.

Date of revision

02/12/2025

Serial number: NPRA (R2) 25/102