

Nurofen Express Liquid Capsules

Ibuprofen (200mg, 400mg)

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What Nurofen Express Liquid Capsules is used for relief of pain such as headache, dental pain, period pain, rheumatic pain, muscular pain and backache. They also relieve fever such as fever associated with cold & flu.

How Nurofen Express Liquid Capsules works

The active ingredient (which makes the medicine work) is Ibuprofen. It belongs to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs).

NSAIDs provide relief by changing the body's response to pain, swelling and high temperature.

Before you use Nurofen Express Liquid Capsules

-When you must not use it:

Do not take Nurofen Express Liquid Capsules if you:

- Are allergic to ibuprofen or any of the other ingredients or to aspirin or other painkillers
- Have had a worsening of asthma, skin rash, itchy runny nose or facial swelling when previously taking ibuprofen, aspirin or similar medicines

- Have (or have had two or more episodes of) a stomach ulcer, perforation or bleeding
- Have had gastrointestinal bleeding or perforation when previously taking NSAIDs (non-steroidal anti-inflammatory drugs)
- Have severe liver or kidney problems
- Have heart problems, high blood pressure or blood coagulation disorders
- Are in the last 3 months of pregnancy

-Before you start to use it

Check with your pharmacist or your doctor before taking this product if you:

- Have or have had asthma, diabetes, high cholesterol, high blood pressure, a stroke, heart, liver, kidney or bowel problems.
- Have a history of gastrointestinal disease (such as ulcerative colitis, Crohn's disease)
- Have Systemic Lupus Erythematosus (a condition of the immune system causing joint pain, skin changes and other organ disorders)
- Are in the first 6 months of pregnancy.

-Taking other medicines

Speak to your doctor or pharmacist before taking ibuprofen with other medicine.

To reduce the risk of side effects, do not take this product with other NSAID containing products (e.g. aspirin, ibuprofen).

Some medicines may affect or be affected by treatment with ibuprofen.

Avoid taking this product with corticosteroid tablets, quinolone antibiotics or drugs that are prescribed:

- To thin your blood or prevent clotting (e.g. warfarin),
- To stimulate your heart (e.g. glycosides) or treat high blood pressure,

- To help you passing water (diuretics)
- For the temporary suppression of your immune system (e.g. methotrexate, cyclosporine, tacrolimus)
- For mania or depression (e.g. lithium or SSRIs)
- For HIV treatment (e.g. zidovudine)

How to use Nurofen Express Liquid Capsules

-How much to use

Adults and children over 12 years

Single dose: 1-2 liquid capsules of 200mg respectively.

1 liquid capsule of 400mg

If necessary, take additional doses of 1 or 2 liquid capsules (200 mg or 400 mg ibuprofen) but do not exceed a total dose of 1200mg ibuprofen in any 24 hour period.

The dosing interval should not be below 4 hours for the 200 mg dose and not below 6 hours for the 400 mg dose.

If this product is required for more than 3 days in the case of fever or for more than 4 days for pain relief, or if the symptoms worsen the patient is advised to consult a doctor.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Take Nurofen Express Liquid Capsules as long as your doctor recommends.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the

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medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

If you take more Nurofen Express Liquid Capsules than you should, you may feel drowsy or nauseous. You should seek immediate medical advice in the event of an overdose, even if you feel well.

While you are using it

-Things you must do

Tell your doctors who are treating you that you are taking Nurofen Express Liquid Capsules.

If you are about to be started on any new medicine, tell your pharmacist or doctor that you are taking Nurofen Express Liquid Capsules.

Talk to your pharmacist or doctor if your symptoms do not improve.

-Things you must not do

Do not give Nurofen Express Liquid Capsules to anyone else, even if they have the same condition as you.

Do not take Nurofen Express Liquid Capsules to treat any other complaints unless your pharmacist or doctor tells you to.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

-Things to be careful of

Be careful driving or operating machinery until you know how Nurofen Express Liquid Capsules affects you.

Side effects

Like all medicines, Nurofen Express Liquid Capsules can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

The following side effects may occur:
The most frequent is gastrointestinal: abdominal pain, nausea, dyspepsia, diarrhea, flatulence, constipation, vomiting.

Others: Hypersensitivity reactions (urticaria and pruritis), headache, acute renal failure, liver disorders, haematopoietic disorders, skin rashes

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling 03-78835490, or visiting the website www.npra.gov.my (Consumers → Reporting Side Effects to Medicines (ConSERF or Vaccines (AEFI)))

Storage and Disposal of Nurofen Express Liquid Capsules

-Storage:

Keep all medicine out of reach of children.

Do not store above 30°C.

-Disposal:

Do not use after the expiry date stated on the carton after EXP.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

Red, oval shaped transparent soft gelatin capsule with a Nurofen logo printed in white.

-Ingredients

-Active Ingredient

Contains the active ingredient ibuprofen 200mg for Nurofen Express 200mg Liquid Capsules

Contains the active ingredient ibuprofen 400mg for Nurofen Express 400mg Liquid Capsules

-Inactive ingredients:

Macrogol 600, Potassium hydroxide, Purified water, Sorbitol, Gelatin, Ponceau 4R, Opacode WB white NS-78-18011 (consisting of Purified Water, Titanium dioxide, Propylene glycol, Isopropyl Alcohol, Hypromellose), Nitrogen, Medium Chain Triglycerides, Isopropyl Alcohol, Lecithin.

-MAL Number

MAL18016015ACRZ

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Manufacturer:

Patheon Softgels B.V.
De Posthoornstraat 7,
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Product Registration Holder:

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