

Gaviscon Double Action Liquid (Mixed Berries Flavour)

Sodium Alginate 500 mg/10ml, sodium hydrogen carbonate 213 mg/10ml, calcium carbonate 325 mg/10ml.

What is in this leaflet

1. What Gaviscon Double Action Liquid is used for
2. How Gaviscon Double Action Liquid works
3. Before you use *Gaviscon Double Action Liquid*
4. How to use *Gaviscon Double Action Liquid*
5. While you are using it
6. Side effects
7. Storage and Disposal of *Gaviscon Double Action Liquid*
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Gaviscon Double Action Liquid is used for?

This medicine is used for the treatment of acid related symptoms of gastro-oesophageal reflux such as heartburn, acid regurgitation and indigestion, for example, following meals, or during pregnancy.

How Gaviscon Double Action Liquid works?

Gaviscon Double Action Liquid is a combination of an alginate and two antacids (calcium carbonate and sodium hydrogen carbonate) which works in two ways:

1. Forming a protective barrier over the stomach contents to soothe the burning pain in your chest which may last for up to 4 hours.
2. Neutralising excess stomach acid to relieve the pain and discomfort.

Before you use Gaviscon Double Action Liquid

- When you must not use it

Do not take this medicine if:

- You know you are allergic to any of the ingredients of this medicine.
- You have moderate or severe kidney disease.

Pregnancy and lactation

You can take this product if you are pregnant or breast-feeding or planning to have a baby.

As with all medicines, the treatment duration should be limited as much as possible.

- Before you start to use it

Talk to your doctor or pharmacist before taking this medicine if you:

- Have electrolyte disturbance causing low level of phosphate in the blood (hypophosphatemia).
- Suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases (talk to your doctor regarding the salt content).

This medicinal product contains 127.35 mg (5.53 mmol) sodium per 10 ml dose. The maximum recommended daily dose of this product contains 1018 mg sodium (found in table salt). This is equivalent to 51% of the adult recommended maximum daily dietary intake for sodium.

Talk to your pharmacist or doctor if you need Gaviscon Double Action Liquid daily for a prolonged period, especially if you have been advised to have a low salt diet.

This product also contains 130 mg (3.25 mmol) calcium per 10 ml dose. Speak to a doctor before taking this medicine if you have kidney stones or high levels of calcium in your blood.

- Taking other medicines

As with other antacid products, taking this medicine can mask the symptoms of other more serious, underlying medical conditions.

Do not take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines.

This is especially important if you are taking antibiotics (tetracyclines and fluoroquinolones), iron salts, thyroid hormones, chloroquine (for malaria), bisphosphonates (for osteoporosis) and estramustine.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines obtained without prescription.

How to use Gaviscon Double Action Liquid

For oral administration. Shake well before use. Do not drink directly from the bottle

- How much to use

Adults and children 12 years and over: When symptoms occur take 10-20 ml after meals and before bedtime, up to four times a day.

Children under 12 years old: Should only be taken on medical advice.

- When to use it

Takes after meals and before bedtime, up to four times a day.

- How long to use it

If symptoms persist after 7 days consult your doctor.

- If you forget to use it

If you forget a dose, it is not necessary to double the dose next time, just carry on taking as before.

- If you use too much (overdose)

If you take too much of this product it is unlikely to cause you any harm. However, you may feel bloated.

Consult your doctor if this doesn't go away.

While you are using it

- Things you must do

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- Things you must not do

Do not give Gaviscon Double Action Liquid to anyone else, even if they have the same symptoms or condition as you.

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Do not give this medicine to a child under 12 years of age except on the advice of a doctor. There is a risk of increased levels of sodium in the blood (hyponatremia) in children who have kidney problems or who have an inflamed stomach or bowel (gastroenteritis).

- Things to be careful of

Do not use this product after the expiry date which is stated on the bottle after EXP (month/year). The expiry date refers to the last day of that month. Keep all medicines safely away from children.

Side effects

Like all medicines, Gaviscon Double Action Liquid can cause side effects, although not everybody gets them.

If you experience these side effects stop taking the product and consult your doctor immediately. Very rare (less than 1 in 10,000 patients treated) chance of an allergic reaction to the ingredients. Symptoms of this may include abdominal pain, diarrhoea, nausea, vomiting, skin rash, itching, dizziness, swelling of the face, lips, tongue, or throat and difficulty in breathing.

Ingestion of large quantities of calcium carbonate, a component of this product, may cause an increase in blood pH (alkalosis), too much calcium in the blood (hypercalcaemia), increased secretion of stomach acid, and constipation. These usually occur following larger than recommended dosages.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website www.npra.gov.my (Consumers->Reporting → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and Disposal of

Gaviscon Double Action Liquid

- Storage

Do not store above 30°C. Do not refrigerate or freeze. Use within 6 months of opening. Check the cap seal is unbroken before first using this product.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Off-white to cream suspension with the odour and flavour of berry

- Ingredients

- Active ingredient(s) per 10ml:
500 mg sodium alginate,
213 mg sodium hydrogen carbonate
325 mg calcium carbonate.

- Inactive ingredients:
carbomer 974P, methyl (E218) and
propyl (E216)
parahydroxybenzoates, sodium
saccharin, raspberry flavour,
cranberry flavour, fantasy fruit
masking flavour, sodium hydroxide,
and water.

MAL Number:

MAL25016034X

Manufacturer

Reckitt Benckiser Healthcare (UK)
Limited, Hull HU8 7DS, UK

Product Registration Holder

RB (Health) Malaysia Sdn Bhd
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