

# Gaviscon Infant Powder for Oral Suspension

Sodium Alginate 225mg and Magnesium alginate 87.5mg

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## What Gaviscon Infant Powder for Oral Suspension is used for

Gaviscon Infant Powder for Oral Suspension prevents reflux by stabilising the stomach contents, so reducing the incidence of reflux and bringing up of feeds (possetting) in infants and young children aged 1 to 24 months.

## How Gaviscon Infant Powder for Oral Suspension works?

Gaviscon Infant Powder for Oral Suspension contains the active substances sodium alginate and magnesium alginate which belong to a group of medicines called "reflux suppressants".

Reflux is the process by which the stomach contents flow back up the tube that leads from the mouth to the stomach (known as the gullet or oesophagus). This can cause an infant to be sick, spit up more than normal and become distressed.

Gaviscon Infant Powder for Oral Suspension prevents reflux by stabilising the stomach contents, so reducing the incidence of reflux and bringing up of feeds (possetting) in infants and young children aged 1 to 24 months.

## Before you use Gaviscon Infant Powder for Oral Suspension

Do not use Gaviscon Infant Powder for Oral Suspension

- Except on a doctor's or other healthcare professional's recommendation
- If your child is allergic to any of the ingredients of Gaviscon Infant Powder for Oral Suspension
- If your child is being sick, has a fever or diarrhoea
- If you have been told or it is suspected that your child has damage to their kidneys or they have been put on a low salt diet
- If you have been told that your child has a blockage in their gut (an intestinal obstruction)

## Warnings and precautions

Talk to your doctor or pharmacist before using Gaviscon Infant Powder for Oral Suspension if your baby is premature or under one month.

There have been extremely rare reports of altered stool consistency (e.g. constipation and diarrhoea) in relation to use of this product. If you are concerned or you notice significant or sustained changes in bowel habit, consult a healthcare professional immediately.

If your child's symptoms persist after 7 days consult your doctor.

## Other medicines and Gaviscon Infant Powder for Oral Suspension

Tell your doctor or pharmacist if your child is taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

## Gaviscon Infant Powder for Oral Suspension with food and drink

Do not use Gaviscon Infant Powder for Oral Suspension with other feed thickening agents or infant milk preparations containing a thickening agent.

You should ask your doctor or pharmacist before you give Gaviscon Infant Powder for Oral Suspension to your child if you are not sure.

Gaviscon Infant Powder for Oral Suspension contains sodium

This medicine contains 23.9 mg sodium (main component of cooking/table salt) in each sachet. This is equivalent to 1% of the recommended maximum daily dietary intake of sodium for an adult.

## How to use Gaviscon Infant Powder for Oral Suspension

Always use Gaviscon Infant Powder for Oral Suspension exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

For infants aged 1 to 24 months. Gaviscon Infant Powder for Oral Suspension should not be used in premature infants or those under 1 month of age unless advised by your doctor. Not suitable for children over 24 months (2 years), adults or the elderly. For infant 1-12 months: Please seek medical advice before taking the product.

The dosage and mixing instructions depend on the weight of your child and the feeding method you use:  
Infants under 4.5 kg (10 lb) – one sachet should be used  
Infants over 4.5 kg (10 lb) – two sachets should be used

Open the sachet(s) and mix the contents immediately before use as directed below:

### Bottle fed infants:

- Mix each sachet into 115 ml (4 fluid oz) of milk feed in the bottle
- Shake well
- Feed as normal

### Breast fed infants and other infants 1 month- 24 months (2 years) of age:

- Mix each sachet with 5 ml (1 teaspoon) of cooled, boiled water until a smooth paste is formed
- Add another 10 ml (2 teaspoons) of cooled, boiled water and mix
- For breast fed infants give Gaviscon Infant Powder for Oral Suspension part way through each feed or meal using a spoon or feeding bottle
- For all other infants give Gaviscon Infant Powder for Oral Suspension at the end of each meal using a spoon or feeding bottle

Do not give more than six times (maximum of 6 or 12 sachets depending on the weight of your child) in 24 hours.

### **While you are using it**

If your child's condition persists or becomes worse ask your doctor or other healthcare professional for advice immediately.

You should not use Gaviscon Infant Powder for Oral Suspension for more than seven days without checking with your doctor or other healthcare professional.

If your child takes more Gaviscon Infant Powder for Oral Suspension than they should:

If your child takes too much Gaviscon Infant Powder for Oral Suspension they may suffer from intestinal obstructions, be sick, lose their appetite, become irritable or tired and weak.

If you accidentally give too much Gaviscon Infant Powder for Oral Suspension ask your doctor or other healthcare professional for advice immediately.

If you forget to give Gaviscon Infant Powder for Oral Suspension: If a dose is missed do not double dose with the next feed. Just carry on with the recommended dose.

If you have any further questions on the use of this product ask your doctor or pharmacist.

### **Side effects**

Like all medicines, Gaviscon Infant Powder for Oral Suspension can cause side effects, although not everybody gets them.

Very rarely (less than 1 in 10,000 patients) patients may experience constipation and diarrhoea. Side effects for which the frequency cannot be estimated from available data include a rash, bloating, discomfort of the stomach (gastric distention) and intestinal obstruction.

If the child has any side effects, stop giving Gaviscon Infant Powder for Oral Suspension and tell your doctor or other healthcare professional.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [www.npra.gov.my](http://www.npra.gov.my) (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

### **Storage and Disposal of**

Gaviscon Infant Powder for Oral Suspension

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP(month/year).

Do not store above 30°C.

Do not use if the sachet is damaged or the security seal is broken.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

### **Product Description**

#### **What Gaviscon Infant Powder for Oral Suspension contains:**

The active substances in each Gaviscon Infant Powder for Oral Suspension sachet are 225 mg sodium alginate and 87.5 mg magnesium alginate. The other ingredients are mannitol (E421) and colloidal silica.

#### **What Gaviscon Infant Powder for Oral Suspension looks like and the contents of the pack:**

Gaviscon Infant Powder for Oral Suspension is a powder for oral suspension.

Each carton contains 30 sachets of powder joined in pairs.

MAL number:  
MALXXXXXXXX

### **Manufacturer**

Reckitt Benckiser Healthcare (UK) Limited, Hull HU8 7DS, UK

### **Product Registration Holder**

RB (Health) Malaysia Sdn Bhd Level 17, Menara One Sentrum. No. 201, Jalan Tun Sambathan, 50470 Kuala Lumpur, Malaysia

### **Date of revision**

10 March 2023

### **Serial Number:**

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