

Gaviscon Advance Peppermint Flavour

Sodium Alginate 1000mg, Potassium Bicarbonate 200mg

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What *Gaviscon Advance* is used for

treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn, indigestion (occurring due to the reflux of stomach contents), for instance, after gastric surgery, as a result of hiatus hernia, during pregnancy, accompanying reflux oesophagitis, including symptoms of laryngopharyngeal reflux such as hoarseness and other voice disorders, sore throats and cough. It can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy.

How *Gaviscon Advance* works?

On ingestion the suspension reacts with gastric acid to rapidly form a raft of alginic acid gel having a near-neutral pH which floats on the stomach contents quickly and effectively impeding gastro-oesophageal reflux for up to 4 hours, and protecting the oesophagus from acid, pepsin and bile. In severe cases the raft itself may be refluxed into the oesophagus in preference to the stomach contents and exert a demulcent effect. In addition, in vitro evidence has shown that the raft has a secondary action and is able to entrap bile and pepsin within its structure, further protecting the oesophagus from these gastric components.

Before you use *Gaviscon Advance*

- When you must not use it

Do not take this product if you are hypersensitivity to any of the ingredients, including the esters of hydroxybenzoates (parabens).

Pregnancy and lactation

This product is sugar free and gluten free. You can take this product if you are pregnant or breast feeding.

- Before you start to use it

This medicinal product contains 106 mg (5.0 mmol) sodium per 10 ml dose, equivalent to 5.3% of the WHO recommended maximum daily intake for sodium. The maximum daily dose of this product is equivalent to 21% of the WHO recommended maximum daily intake for sodium. This product is considered high in sodium. This should be particularly taken into account for those on a low salt diet (e.g. in some cases of congestive heart failure and renal impairment).

Potassium: This medicine contains 78 mg (2.0 mmol) potassium per 10 ml dose. To be taken into consideration by patients with reduced kidney function or patients on a controlled potassium diet.

Each 10 ml contains 200 mg (2.0 mmol) of calcium carbonate. Care needs to be taken in treating patients with hypercalcaemia, nephrocalcinosis and recurrent calcium containing renal calculi.

This medicinal product contains Methyl hydroxybenzoate and Propyl hydroxybenzoate, which may cause allergic reactions (possibly delayed).

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without prescription. A time-interval of 2 hours should be considered between

Gaviscon intake and the administration of other medicinal products especially tetracyclines, fluoroquinolones, iron salts, thyroid hormones chloroquine, bisphosphonates, and estramustine.

How to use *Gaviscon Advance*

- How much to use

Adults, including the elderly and children 12 years and over: 5-10ml after meals and at bedtime.

Children under 12 years: Should only be taken on medical advice.

- When to use it

Gaviscon Advance is used for treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus. It can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy.

- How long to use it

If symptoms persist after 7 days consult your doctor

- If you forget to use it

If you forget a dose, it is not necessary to double the dose next time, just carry on taking as before.

- If you use too much (overdose)

overdose symptoms are likely to be minor. Some abdominal discomfort may be experienced. Consult your doctor or pharmacist if this does not go away.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *Gaviscon Advance*

- Things you must not do

Do not give *Gaviscon Advance* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Do not use this medicine after the expiry dates shown. Keep all medicines safely away from children.

Side effects

Very rarely (less than 1 in 10,000 patients) there is a chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness or swelling of the face, lips, tongue or throat. If you experience these or any other side effects stop taking the product and consult your doctor immediately. Uncommonly (less than 1 in 100 people) there are reported side-effects of diarrhoea, nausea and vomiting.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website www.npra.moh.gov.my (Consumers->Reporting → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and Disposal of

Gaviscon Tablet

- Storage

Keep medicine out of the reach and sight of children.

Store below 30°C. Do not refrigerate.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description**- What it looks like**

Off white viscous oral suspension with peppermint odour.

- Ingredients

- Active ingredient(s)
1000mg sodium alginate
200mg potassium bicarbonate

- Inactive ingredients
Deionised water, Saccharin sodium, sodium hydroxide, calcium carbonate, methyl hydroxybenzoate, carbomer, propyl hydroxybenzoate, peppermint flavor.

MAL number:

MAL05121192XR

Manufacturer

Reckitt Benckiser Healthcare (UK) Limited, Hull HU8 7DS, UK

Product Registration Holder

RB (Health) Malaysia Sdn Bhd
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