

# STREPSILS® COOLING MENTHOL

Amylmetacresol/Dichlorophenylcarbinol (0.6mg/1.2mg)

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## What Strepsils Cooling Menthol is used for

Strepsils Cooling Menthol is used for relief of sore throats for children and adults.

## How Strepsils Cooling Menthol works

Strepsils Cooling Menthol contains amylmetacresol and dichlorophenylcarbinol as active ingredients. They provide relief by targeting the source of the sore throat (like bacteria or viruses) while also soothing irritation and discomfort.

## Before you use Strepsils Cooling Menthol

### -When you must not use it:

Do not take Strepsils Cooling Menthol:

- If you are allergic to amylmetacresol, dichlorophenylcarbinol or any of the other ingredients in this medicine (listed in Product Description).

### -Before you start to use it

*Pregnancy and breastfeeding*

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

### -Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use Strepsils Cooling Menthol

### -How much to use

Dissolve one (1) lozenge slowly in the mouth every 2 to 3 hours. Do not exceed the stated dose.

### -When to use it

Take every 2 to 3 hours as your doctor or pharmacist have told you.

Check with your doctor or pharmacist if you are not sure.

### -How long to use it

This medicine is for short term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms.

If symptoms persist, have not improved, or have worsened, please consult a doctor or pharmacist.

### -If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

### -Things you must do

Use your medicine exactly as your doctor has told you

Tell all the doctors, dentists and pharmacists treating you that you are

using Strepsils Cooling Menthol.

### -Things you must not do

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Strepsils Cooling Menthol to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

This medicine contains sucrose and glucose. This should be taken into account in patients with diabetes mellitus.

## Side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

No harmful side effects have been reported. However, mild issues like diarrhea, an upset stomach, or soreness of the tongue after using the lozenges might occur.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Strepsils Cooling Menthol

### -Storage

Store below 30°C.

Keep all medicine out of reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month and the year.

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## -Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

## **Product Description**

### -What it looks like

A yellow-orange circular lozenge with a characteristic taste.

### -Ingredients

-Active Ingredient

- Amylmetacresol
- Dichlorophenylcarbinol

-Inactive ingredients:

Levomenthol, Sucrose, Sunset yellow FC Edicol, Quinoline yellow, Butter flavour WL-21156, Liquid glucose, Strong capsicum tincture, Butter Vanilla 52.464/A, Purified water.

### -MAL Number

MAL19987395X

## **Manufacturer:**

Reckitt Benckiser Healthcare  
Manufacturing (Thailand) Limited  
65 Moo 12, Lardkrabang-  
Bangplee Road, Bangplee,  
Samutprakarn 10540  
Thailand.

## **Product Registration Holder:**

RB (Health) Malaysia Sdn Bhd  
Level 17, Menara One Sentrum,  
No. 201, Jalan Tun Sambanthan,  
50470 Kuala Lumpur,  
Malaysia.

## **Date of revision:**

16/12/2025

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