

OLMESAR 20 (OLMESARTAN MEDOXOMIL TABLETS 20MG)/OLMESAR 40 (OLMESARTAN MEDOXOMIL TABLETS 40MG)

Olmesartan Medoxomil (20mg & 40mg)

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What **OLMESAR 20 & 40** (*Olmesartan Medoxomil*) is used for

Olmesartan Medoxomil belongs to a group of medicines called angiotensin-II receptor antagonists. They are used to lower blood pressure.

How **OLMESAR 20 & 40** (*Olmesartan Medoxomil*) works

Olmesartan Medoxomil lowers blood pressure by relaxing the blood vessels by blocking the angiotensin-II receptors.

Before you use **OLMESAR 20 & 40** (*Olmesartan Medoxomil*)

- When you must not use it

If you are allergic to olmesartan medoxomil or any of the other ingredients of this medicine.

Pregnancy and lactation

Do not take **OLMESAR 20 & 40** (*Olmesartan Medoxomil*) if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take **OLMESAR 20 & 40** (*Olmesartan Medoxomil*) if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Tell your doctor if you have any of the following health problems:

- Kidney problems
- Liver disease
- Heart failure or problems with your heart.

As with any medicine which reduces blood pressure, an excessive drop in blood pressure in patients with blood flow disturbances of the heart or brain could lead to a heart attack or stroke. Your doctor will therefore check your blood pressure carefully.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket, or health food shop.

How to use **OLMESAR 20 & 40** (*Olmesartan Medoxomil*)

- How much to use

The usual dose is 20mg once a day. The dose can go up to 40mg once a day. If you have kidney or liver problems, the maximum dose is 20mg once a day.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking **OLMESAR 20 & 40** (*Olmesartan Medoxomil*) for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause low blood pressure and slow down the heartbeat.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking **OLMESAR 20 & 40**.

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Olmesartan Medoxomil (20mg & 40mg)

(Olmesartan Medoxomil).

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give **OLMESAR 20 (Olmesartan Medoxomil)** to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of Driving and use machines

You may feel sleepy or dizzy while being treated for your high blood pressure. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, **OLMESAR 20 & 40 (Olmesartan Medoxomil)** can cause side effects, although not everybody gets them.

Common side effects:

Dizziness, headache, nausea, indigestion, diarrhoea, stomach ache, stomach flu, tiredness, sore throat, runny or stuffy nose, bronchitis, flu-like symptoms, cough, pain, pain in the chest, back, bones or joints, infection of the urinary tract, swelling of ankles, feet, legs, hands, or arms, blood in the urine.

Some changes in blood test results

have also been seen and include the following: Increased fat levels (hypertriglyceridaemia), increased uric acid levels (hyperuricaemia), rise in blood urea, increases in tests of liver and muscle function.

Uncommon side effects:

Low platelet count; swelling of the face, mouth and/or larynx (voice box) together with itching and rash (anaphylactic reaction); dizziness; chest pain; vomiting; skin allergy, redness, rash and itchiness; muscle pain; face swelling; lack of energy; feeling of discomfort

Rare side effects:

High potassium in the blood; blood pressure to fall too low; skin swelling; muscle spasm; kidney disorders; lethargy; creatinine in blood increase

Very rare side effects:

Severe, chronic diarrhea that leads to weight loss

Frequency not known

If you experience yellowing of the whites of the eyes, dark urine, itching of the skin, even if you started therapy with **OLMESAR 20 & 40 (Olmesartan Medoxomil)** longer time ago, contact your doctor immediately who will evaluate your symptoms and decide on how to continue your blood pressure medication.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines

(ConSERF) or Vaccines (AEFI)]

Storage and Disposal of OLMESAR 20& 40 (Olmesartan Medoxomil)

- Storage

Keep this medicine out of the sight and reach of children.

Store below 30°C and protect from moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

For 20mg: White to off white round, biconvex film coated tablets debossed with 'H' on one side and 'O3' on the other side.

For 40mg: White to off white oval, biconvex film coated tablets debossed with 'H' on one side and 'O4' on the other side.

- Ingredients

- Active ingredient(s): Olmesartan Medoxomil

- Inactive ingredients
Lactose Monohydrate, cellulose microcrystalline, Low substituted hydroxyl propyl cellulose, Hydroxypropyl cellulose, Magnesium stearate, Opadry white 03A580003, Purified water.

- MAL number(s):

OLMESAR 20: MAL18046167AZ
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Manufacturer

Hetero Labs Limited
Unit V, Sy. No 439,440,441 & 458,

OLMESAR 20 (OLMESARTAN MEDOXOMIL TABLETS 20MG)/OLMESAR 40 (OLMESARTAN MEDOXOMIL TABLETS 40MG)

Olmesartan Medoxomil (20mg & 40mg)

TSIIC Formulation SEZ, Polepally
Village, Jadcherla Mandal,
Mahaboobnagar Dist.- 509301,
Telangana, INDIA

Product Registration Holder

Camber Laboratories Sdn Bhd
Unit E-13A-02,
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KL Gateway, Jalan Kerinchi,
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