

AROMATT 1 (Anastrozole Tablets 1mg)

Anastrozole (1mg)

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What *AROMATT 1* is used for

Anastrozole belongs to a group of medicines called 'aromatase inhibitors'. Anastrozole is used to treat breast cancer in women who have gone through the menopause.

Anastrozole works by cutting down the amount of the hormone called estrogen that your body makes. It does this by blocking a natural substance (an enzyme) in your body called 'aromatase'.

How *AROMATT 1* works

Anastrozole is a potent and highly selective non-steroidal aromatase inhibitor. In postmenopausal women, estradiol is produced primarily from the conversion of androstenedione to estrone through the aromatase enzyme complex in peripheral tissues. Estrone is subsequently converted to estradiol. Reducing circulating estradiol levels has been shown to produce a beneficial effect in women with breast cancer.

Before you use BRAND NAME

-When you must not use it

Do not take *AROMATT 1* if you are allergic to Anastrozole or any of the other ingredients of this medicine.

Do not take *AROMATT 1* if you are breast-feeding. Ask your doctor or pharmacist for advice

before taking any medicine.

-Before you start to use it

Tell your doctor if you are allergic to any drugs, or if you have:

- if you still have menstrual periods and have not yet gone through the menopause.
- if you are taking a medicine that contains tamoxifen or medicines that contain estrogen (see the section called 'Taking other medicines').
- if you have ever had a condition that affects the strength of your bones (osteoporosis).
- if you have problems with your liver or kidneys.

-Taking other medicines

- Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.
- You should not take Anastrozole if you are also taking certain medicines used to treat breast cancer (selective estrogen receptor modulators) e.g. medicines that contain Tamoxifen.
- This is because these medicines may stop Anastrozole from working properly. Medicines that contain estrogen such as hormone replacement therapy (HRT).
- Tell your doctor if you are using any of the following drugs:
 - A medicine known as an 'LHRH analogue'. This includes gonadorelin, buserelin, goserelin, leuprorelin and triptorelin. These medicines are used to treat breast cancer, certain female health (gynaecological) conditions, and infertility.

How to use *AROMATT 1*

-How much to use

- Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.
- The recommended dose is one tablet once a day.
- Try to take your tablet at the same time each day.
- Swallow the tablet whole with a drink of water.
- It does not matter if you take Anastrozole before, with or after food.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking *AROMATT 1* for as long as your doctor recommends.

-If you forget to use it

- Consult your doctor or pharmacist on what you should do if you forget to use it.
- Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

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While you are using it

-Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking *AROMATT 1*.
- Tell your doctor immediately if you become pregnant while taking this medication.

-Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give *AROMATT 1* to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

AROMATT 1 have the following effects:

- Loss of appetite
- Raised or high levels of fatty substance known as cholesterol in your blood.
- Feeling sleepy
- Carpal tunnel syndrome (tingling, pain, coldness, weakness in parts of the hand).
- Tickling, tingling or numbness of skin, loss/lack of taste.
- Diarrhoea
- Being sick (vomiting)
- Changes in blood tests that show how well liver is working
- Thinning of hair (hair loss)
- Allergic (hypersensitivity) reactions including face, lips or tongue

- Bone pain
- Vaginal dryness
- Bleeding from the vagina
- Muscle pain
- Frequency 'very common': Depression

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of *AROMATT 1*

-Storage

- Keep out of the reach and sight of children.
- Do not store above 30°C.
- Keep this medicine out of the sight and reach of children. Keep your tablets in a safe place where children cannot see or reach them. Your tablets could harm them.

-Disposal

Medicines should not be disposed of via wastewater or household water. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

White colored, round shaped biconvex, film coated tablets debossed with '1' on one side and 'H' on the other side.

-Ingredients:

-Active ingredients: Anastrozole

-Inactive ingredients:

Lactose monohydrate, Sodium starch Glycolate, Povidone, Isopropyl alcohol,

Magnesium stearate and Opadry white which contains Hypromellose, Titanium dioxide and Macrogol.

-MAL number:

MAL17015023AZ

Manufacturer

Hetero Labs Limited
Unit VI, Sy. No 410 & 411,
TSIC Formulation SEZ,
Polepally Village, Jadcherla Mandal,
Mahaboobnagar Dist,
Telangana, India.

Product Registration Holder

Camber Laboratories Sdn. Bhd.
Unit E-13A-02, Menara SUEZCAP 2,
No. 2, KL Gateway, Jalan Kerinchi,
Gerbang Kerinchi Lestari,
59200 Kuala Lumpur, Malaysia.

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