

AMLO-H 5mg TABLET

AMLO-H 10mg TABLET

Amlodipine Besilate (5 mg & 10 mg)

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What AMLO-H is used for

AMLO-H is one of a group of medicines called calcium antagonists. AMLO-H is used to treat high blood pressure (hypertension) or a certain type of chest pain called angina, a rare form of which is Prinzmetal's or variant angina.

How AMLO-H works

In patients with high blood pressure AMLO-H works by relaxing blood vessels, so that blood passes through them more easily.

In patients with angina AMLO-H works by improving blood supply to the heart muscle which then receives more oxygen and as a result chest pain is prevented. AMLO-H does not provide immediate relief of chest pain from angina.

Before you use AMLO-H

- When you must not use it

Do not use AMLO-H if you are allergic to amlodipine (the active ingredient in AMLO-H), or to the inactive ingredients. Your doctor or pharmacist can give you a list of these ingredients.

- Before you start to take it

Tell your doctor if you:

- ever had heart disease
- ever had liver problems

- are pregnant, or plan to become pregnant. Your doctor will decide if AMLO-H is the best treatment for you.
- are breast-feeding. Do not breast-feed while taking AMLO-H. You can stop breastfeeding or take a different medicine.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription, including natural or herbal remedies.

Taking AMLO-H with food and drink

Your medicine can be used before or after food. Grapefruit juice and grapefruit should not be consumed by people who are taking AMLO-H. This is because grapefruit and grapefruit juice can lead to an increase in the blood levels of the active ingredient amlodipine, which can cause an unpredictable increase in the blood pressure lowering effect of AMLO-H.

How to use AMLO-H

- How much to use

The usual dose of AMLO-H is one tablet daily.

- When to use it

It is best to take your medicine at the same time each day with a drink of water. Do not take AMLO-H tablets with grapefruit juice. Always take your medicine exactly as you doctor has told you. You should check with your doctor or pharmacist if you are still not sure.

- How long to use it

It is important to keep taking the tablets. Do not wait until your tablets are finished before seeing your doctor.

Your doctor will advise you how long to take your medicine. Your condition may return if you stop using your medicine before you are advised. If you have any further questions on how to take this product, ask your doctor or pharmacist.

- If you forgot to use it

Do not worry. If you forget to take a tablet, leave out that dose completely. Take your next dose at the right time. Do not take a double dose

- If you use too much (overdose)

Taking too many tablets at once may make you unwell. If you take too many AMLO-H tablets contact your doctor at once or go to the nearest hospital casualty department.

While you are using it

- Things you must do

Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist.

- Things you must not do.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

- Things to be careful of

Pregnancy

If you think you might be pregnant, or are planning to get pregnant, tell your doctor before you take AMLO-H. Women of child bearing potential should ensure that they use effective contraception.

Breast-feeding

You should not take AMLO-H if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

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Driving and using machines AMLO-H is unlikely to affect your ability to drive or use machines.

Side effects

AMLO-H may cause the following side effects. Most side effects are mild or moderate:

- headache
- swelling of your legs or ankles
- tiredness, extreme sleepiness
- stomach pain, nausea
- dizziness
- flushing (hot or warm feeling in your face)
- heart palpitations (very fast heartbeat)

It is rare, but when you first start taking AMLO-H or increase your dose, you may have a heart attack or your angina may get worse. If that happens, call your doctor right away or go directly to a hospital emergency room.

Tell your doctor if you are concerned about any side effect you experience. These are not all the possible side effects of AMLO-H. For a complete list, ask your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (Consumers → Reporting Medicinal Problems/Side Effects/AEFI).

Storage and Disposal of AMLO-H

-Storage

Keep out of the reach and sight of children.

Do not use after the expiry date which is stated on the carton after "EXP". The expiry date refers to the last day of that month. Do not store above 30 °C. Store

in the original package in order to protect from moisture.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

AMLO-H 5: Amlodipine 5 mg Tablets are white to off white, round shaped biconvex tablets debossed with "J" on one side and "20" on the other side. The tablets are available in blister strips as packs of 10.

AMLO-H 10: White to off white round shaped, biconvex tablets debossed with "J" on one side and "21" on the other side. The tablets are available in blister strips as packs of 10.

-Ingredients

-Active ingredients:

The active substance is amlodipine (as besilate).

AMLO-H 5: Each tablet contains 5 mg of amlodipine (as besilate)

AMLO-H 10: Each tablet contains 10 mg of amlodipine (as besilate).

-Inactive ingredients:

Cellulose Microcrystalline, Silica Colloidal anhydrous and Magnesium Stearate.

-MAL number:

AMLO-H 5mg Tablet:

MAL16085020AZ

AMLO-H 10mg Tablet:

MAL16125033AZ

Manufacturer

Hetero Labs Limited
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Product Registration Holder

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