

TOP ENEMA

(Glycerin / Sodium Chloride (25%w/w / 15%w/w))

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What TOP ENEMA is used for

For treatment of constipation.

How TOP ENEMA works

TOP ENEMA contains active ingredients Glycerin, and Sodium Chloride.

Glycerin promotes peristalsis and helps to restore bowel function resulting from poor diet or lack of physical exercise. It may also act as faecal softener and lubricant.

Sodium chloride acts by retaining water in the bowel, to produce watery evacuation of the bowel.

Before you use TOP ENEMA

- When you must not use it
Do not use TOP ENEMA if:
 - If you have hypersensitivity towards Glycerin, Sodium Chloride or any other ingredients of this medicine (listed in Product Description)

- Before you start to use it

Check with your doctor or pharmacist before using TOP ENEMA if you:

- Are having dehydration.
- Are pregnant/breastfeeding.

Avoid contact with eyes, nose and mouth. Not to be taken. For rectal use only.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use TOP ENEMA

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- How much to use

Children: Use 10ml each time, for severe constipation, use 20ml once daily.

Adult: Use 20ml each time, for severe constipation, use 40ml once daily.

- When to use it

For treatment of constipation. Use as directed by your doctor or pharmacist.

- How long to use it

Use when necessary. If prolonged usage is needed, please refer to your doctor or pharmacist.

- If you forgot to use it

Use the product as soon as possible and continue to use as normal usage.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do
Check with your doctor or pharmacist if condition persists or worsens.

- Things you must not do

Do not use TOP ENEMA for other conditions unless instructed by your doctor.

- Things to be careful of

For rectal use only.
Be careful driving or operating machinery until you know how TOP ENEMA affects you.

Side effects

Like all medicines, TOP ENEMA can cause side effects, although not everybody gets them.

Possible side effects are:

- Glycerin when used rectally may cause irritation.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of TOP ENEMA

- Storage

Keep out of the reach and sight of children.

Store below 30°C.

Protect from light and moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What TOP ENEMA looks like

Colourless and odourless solution.

- Ingredients

- Active ingredients
 - Glycerin
 - Sodium Chloride
- Inactive ingredient
 - Water

- MAL number

MAL

Manufacturer & Product Registration Holder

THP Medical Sdn. Bhd (1135528-K)

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Date of Revision

13/07/2026

Serial Number

NPRA (R2) 25/247