

SINARDRYL SYRUP

Diphenhydramine hydrochloride/Ammonium chloride/Sodium citrate (14mg/135mg/57mg per 5 ml)

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What SINARDRYL SYRUP is used for

It is indicated for irritating coughs, nasal stuffiness and airway congestion associated with common cold and allergy.

How SINARDRYL SYRUP works

Diphenhydramine suppresses the cough reflex by a direct effect on the cough centre in the brain. It also works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction.

The action of antihistamine provides a drying effect in the nose lining. It diminishes vestibular stimulation (the process of sending specific electric messages to a nerve in the ear that maintains balance) and depress labyrinthine function (hearing and balance). An action on the brain trigger zone may also be involved in the antiemetic (vomiting and nausea) effect.

Ammonium Chloride has irritant action on the gastric lining and may contribute expectorant action (to loosen and clear mucus from the airways).

Sodium Citrate when used together with Ammonium Chloride in oral preparation may enhance the expectorant action.

Before you use SINARDRYL SYRUP

- When you must not use it

This preparation should not be used in newborn or premature infants and in nursing mother.

It should not be used to treat lower respiratory tract symptoms including asthma.

It is also not to be used in cases of hypersensitivity to Diphenhydramine, other similar antihistamine or other ingredients listed at the end of this leaflet.

Not to be used in children less than 2 years of age. To be used with caution and doctor's / pharmacist's advice in children 2 to 6 years of age.

Pregnancy and lactation

Do not take SINARDRYL SYRUP if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take SINARDRYL SYRUP if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Tell your doctor or pharmacist if you have any of the following:

- History of asthma
- Increased pressure inside the eye
- Overactive thyroid gland
- Cardiovascular disease (disease of the heart or blood vessels)
- High blood pressure
- Urinary retention
- Enlargement of prostate
- Respiratory depression (breathing difficulties)

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use SINARDRYL SYRUP

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults:

1 to 2 teaspoonfuls (5 ml to 10 ml) 3 to 4 times daily.

Children 2 to 12 years:

½ to 1 teaspoonful (2.5 ml to 5 ml).
To be given 3 to 4 times daily.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking SINARDRYL SYRUP for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much syrup may cause Central nervous system (CNS) depression to stimulation. Stimulation is particularly likely in children. Atropine-like signs and symptoms - dry mouth, dilated pupils, flushing, gastrointestinal symptoms may occur.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking SINARDRYL SYRUP.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give SINARDRYL SYRUP to anyone else, even if they have the same symptoms or condition as you.

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- Things to be careful of

Driving and using machines

This preparation may cause drowsiness. If affected, you should not drive or operate machinery. Avoid alcoholic beverages.

Side effects

Like all medicines, SINARDRYL SYRUP can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

More frequent side effects are sedation, sleepiness, dizziness, disturbed co-ordination, gastric irritation, and thickening of airway secretions. Less frequent side effects are hypersensitivity, skin rash, dry mouth, irritability, sleeping difficulties, euphoria (intense excitement and happiness), blurred vision, tinnitus (noise or ringing in the ears), spinning sensation, neuritis (inflammation of a peripheral nerve or nerves, usually causing pain and loss of function), and convulsion.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of SINARDRYL SYRUP

- Storage

Keep out of reach of children
Keep container tightly closed
Do not store above 30°C

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Dark brown syrup with blended raspberry and plum flavour.

- Ingredients

- Active ingredients

Diphenhydramine Hydrochloride
Ammonium Chloride
Sodium Citrate

- Inactive ingredients

Sugar, Glycerin, Liquid Glucose, Citric Acid Anhydrous, Xanthan Gum (Rhodigel), Sodium Benzoate, Methyl Paraben, Propyl Paraben, Sodium Saccharin, Plum Flavour, Raspberry Flavour, Liquid Caramel, Menthol Crystal, Purified Water.

- MAL number:

MAL23086011AZ

Product Manufacturer

DYNAPHARM (M) SDN. BHD.
2497, Mk 1, Lorong Perusahaan Baru
5, Kawasan Perusahaan Perai 3,
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Product Registration Holder

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