

Norflex Tablet 100mg

Orphenadrine citrate 100mg

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What Norflex Tablet 100mg is used for

Norflex Tablet 100mg is used to help relax certain muscles in your body and to relieve the pain and discomfort caused by sprains, strains or other injury to your muscles.

How Norflex Tablet 100mg works

Orphenadrine citrate is a skeletal muscle relaxant. It acts in the central nervous system to produce muscle relaxant effects.

Before you use Norflex Tablet 100mg

-When you must not use it

Do not use this medicine if you have an allergy to:

- any medicine containing Orphenadrine citrate
- any of the ingredients listed at the end of this leaflet.

Do not take this medicine if you have

- glaucoma (high pressure in the eye)
- intestinal blockage or oesophageal disease
- enlarged prostate or bladder obstruction
- myasthenia gravis (a disease of the muscles causing drooping eyelids, double vision, difficulty in speaking and swallowing, and,

sometimes, muscle weakness in the arms or legs).

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

Do not give this medicine to a child under the age of 12 years.

Safety and effectiveness in children younger than 12 years have not been established.

-Before you start to use it

Tell your pharmacist if you have:

- Allergies to any other medicines, foods, preservatives or dyes.
- Any heart problems
- Any liver or kidney problems

Norflex Tablet 100mg is not recommended for use during pregnancy or lactation. Tell your doctor if you pregnant or breastfeeding or intend to become pregnant or breastfeed.

If you are not sure whether to start taking this medicine, talk to your doctor.

-Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription or that are herbal from your pharmacy, supermarket or health food shop.

Some medicine and Norflex Tablet 100mg may interfere with each other. These include

- Antimuscarinic drugs (such as amantadine, buyrophenones, phenothiazine & tricyclic antidepressants).

You may need different amounts of your medicines, or you may need to take different medicines. Your doctor or pharmacist has more information on

medicines to be careful with or avoid while taking Norflex Tablet 100mg.

How to use Norflex Tablet 100mg

Follow all directions on the pack or those given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the bottle, ask your pharmacist or doctor for help.

-How much to use

Adults: One tablet twice a day

Take Norflex Tablet 100mg only as directed by your doctor or pharmacist. Do not change the dose unless your doctor tells you to do so.

-When to use it

Take Norflex Tablet 100mg with or without meals

-How long to use it

Take this medicine as long as the doctor tells you to or if required.

-If you forgot to use it

If you miss a dose of this medicine and remember within an hour or so of the missed dose, take it right away. If you do not remember until later, skip the missed dose and go back to take it as you would normally.

-If you use too much (overdose)

Immediately telephone your doctor for advice, or go to the Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Norflex Tablet 100mg, do this even if there are no signs of discomfort or poisoning.

Symptoms of an overdose include excitement; confusion; severe confusion leading to coma;

convulsions; fast heart rate; dilated pupils and difficulty passing urine.

While you are using Norflex Tablet 100mg

-Things you must do

Tell all doctors, dentists and pharmacists who are treating you that you are taking Norflex Tablet 100mg.

Tell your doctor immediately if you become pregnant while taking this medicine.

Be careful while driving or operating machinery until you know how the medicine affects you.

Norflex Tablet 100mg may cause some people to have blurred vision or to become drowsy, dizzy, light-headed, faint or less alert than they are normally. It may also cause muscle weakness in some people. If you have any of these symptoms, do not drive or operate machinery or do anything else that could be dangerous.

Norflex Tablet 100mg may cause dryness of the mouth. For temporary relief, use sugarless gum or sweets, melt some ice in your mouth or use a saliva substitute.

If dry mouth continues for more than 2 weeks, speak to your dentist.

Continued dryness of the mouth can increase the chance of dental disease, including tooth decay, gum disease and fungal infection.

-Things you must not do

Do not take Norflex Tablet 100mg to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

-Things to be careful of

Be careful while driving or operating machinery until you know how Norflex Tablet 100mg affects you.

Side effects

All medicines can cause unwanted side effects. Sometimes they are serious, most of the time they are not.

The following side effects usually do not need medical attention and may go away during treatment as your body adjusts to the medicine.

Speak to your doctor if any of the following side effects continue or are bothersome:

More common: nausea, dry mouth, blurred vision.

Less common or rare: rash, drowsiness

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Center for Adverse Drug Reaction Monitoring by calling Tel:03-78835550, or visiting the website npra.moh.gov.my (Public→Reporting Medicinal Problems/Side Effects/AEFI)

Storage and disposal of Norflex Tablet 100mg

-Storage

Keep your medicine in a cool dry place where the temperature stays below 30° C.

Do not store Norflex Tablet 100mg or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

-Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product description

-What it looks like

Norflex Tablet 100mg is white tablet with N/X marked on one side and no marking on the other side, in blister pack of 100 tablets.

-Ingredients

-Active ingredient(s)

Each tablet contains:

- Orphenadrine citrate 100 mg

-Inactive ingredients

- Magnesium Stearate
- Colloidal Anhydrous Silica
- Ethyl Cellulose
- Lactose

-MAL Number

MAL13055067ACRZ

Manufacturer

Adcock Ingram Ltd
No.49 (C&D),
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Product Registration Holder

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