

Nuelin SR 125 and 250 tablet

Theophylline 125mg; 250mg (as sustained-released tablet)

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What Nuelin SR tablet is used for

Nuelin SR tablet is used to treat asthma and other conditions where breathing is difficult. It also helps to prevent asthma attacks.

How Nuelin SR tablet works

Theophylline causes the muscle lining of the airways to relax.

Before you use Nuelin SR tablet

-When you must not use it

Do not use this medicine if you have an allergy to:

- any medicine containing Theophylline
- Xanthines
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

Nuelin SR tablet has been recommended for you only. Do not

give it to anyone else even if they suffer from the same condition.

Do not use Nuelin SR tablet to treat an asthmatic attack. Use a reliever inhaler (such as Salbutamol) instead.

-Before you start to use it

Tell your doctor or pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you have had any of the following medical conditions:

- Reduced thyroid function
- Congestive heart failure
- Pneumonia
- Viral infection
- Liver diseases

Tell your doctor or pharmacist if you are taking any other medicines for asthma.

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breast-feeding.

Your doctor or pharmacist can discuss with you the risks and benefits involved.

If you have not told your pharmacist or doctor about any of the above, tell him/her before you start using Nuelin SR tablet.

-Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription or that are herbal from your pharmacy, supermarket or health food shop.

Some medicine and Nuelin SR tablet may interfere with each other. These include

- Phenobarbitone
- Phenytoin
- Carbamazepine
- Rifampicin

- Halothane
- Beta-adrenergic agonists

These medicines may be affected by Nuelin SR tablet or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicine.

Also tell your doctor or pharmacist if you drink any alcohol or smoke cigarettes.

Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking this medicine.

How to use Nuelin SR tablet

Follow all directions on the pack or those given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the bottle, ask your pharmacist or doctor for help.

-How much to use

The dose for adults is usually 250mg twice a day. However, this dose may be increased or decreased by your doctor. Therefore, it is possible that your doctor gives you half a tablet instead of one tablet.

For children over 2 years old, the dose of Nuelin SR tablet depends on the weight of the child.

Nuelin SR 125 tablet is not suitable for children younger than 2 years of age.

Nuelin SR tablet should be taken every 12 hours. Take Nuelin SR tablet with a full glass of water and do not chew or crush the tablet.

-When to use it

You can take Nuelin SR tablet with or immediately after food so that it does not upset your stomach.

-How long to use it

Take this medicine as long as the doctor tells you to.

-If you forgot to use it

If you forget to take your Nuelin SR tablet, take it as soon as you remember. However, if it is more than 4 hours, skip the dose you missed and take your next dose at the normal time.

Never take a double dose to make up for a dose you have missed. If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

-If you use too much (overdose)

Immediately telephone your doctor for advice, or go to the Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Nuelin SR tablet, do this even if there are no signs of discomfort or poisoning.

If you take too much Nuelin SR tablet, you may feel sick and vomit. You may feel irritable, agitated or anxious. You may be unable to sleep. In severe cases, your heart may beat faster and irregularly and you may have a high body temperature, be very thirsty, be very confused and have fits.

While you are using Nuelin SR tablet**-Things you must do**

Nuelin SR tablet helps to prevent asthma attacks. Always take Nuelin SR tablet regularly, as your doctor has told you to, even if you are not suffering any asthma symptoms. If you think your asthma is getting worse or if you suffer asthma attacks, please consult your doctor immediately.

Nuelin SR tablet will not give you relief during an asthma attack, please use your relieving inhaler (such as Salbutamol).

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Nuelin SR tablet.

Tell any other doctors, dentists and pharmacists who treat you that you are taking this medicine.

If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.

If you become pregnant while taking this medicine, tell your doctor immediately.

-Things you must not do

Do not take Nuelin SR tablet to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

You should not stop taking the medicine or lower the dosage without checking with the pharmacist or doctor.

-Things to be careful of

Be careful when drinking alcohol or smoking cigarettes, these can interfere with how well Nuelin SR tablet works.

Side effects

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Nuelin SR tablet.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have. Tell your pharmacist or doctor if you notice any of the following and they worry you:

- Gastric irritation
- Nausea & vomiting

- Loss of appetite
- Heartburn
- Difficulty in sleeping
- Tremor

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- Very irregular or faster heartbeat
- Fits

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare.

You may report any side effects or adverse drug reactions directly to the National Center for Adverse Drug Reaction Monitoring by calling Tel:03-78835550, or visiting the website npra.moh.gov.my (Public→Reporting Medicinal Problems/Side Effects/AEFI)

Storage and disposal of Nuelin SR tablet**-Storage**

Keep your medicine in the original pack until it is time to take it.

If you take the tablet out of the pack, they may not keep well.

Keep your medicine in a cool dry place where the temperature stays below 30° C.

Do not store Nuelin SR tablet or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

-Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product description

-What it looks like

Each box of Nuelin SR tablet contains 100 tablets in blister pack.

Nuelin SR 125 tablet is a white, round tablet with marking 125 on one side and N/L on the other side.

Nuelin SR 250 tablet is a white, round tablet with marking 250 on one side and N/L on the other side.

-Ingredients

-Active ingredient(s)

Each Nuelin SR 125 tablet contains:

- Theophylline 125 mg

Each Nuelin SR 250 tablet contains:

- Theophylline 250 mg

-Inactive ingredients

- Guar Gum
- Magnesium Stearate

-MAL Number

MAL13085050ACZ (125mg)

MAL13075064ACZ (250mg)

Manufacturer

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Product Registration Holder

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