

NUELIN SYRUP

Theophylline 80mg/15mL

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What Nuelin Syrup is used for

Nuelin Syrup is used to treat asthma and other conditions where breathing is difficult. It also helps to prevent asthma attacks.

How Nuelin Syrup works

Theophylline causes the muscle lining of the airways to relax.

Before you use Nuelin Syrup

-When you must not use it

Do not use this medicine if you have an allergy to:

- Theophylline
- Aminophylline
- Caffeine
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

Do not give this medicine to a child under the age of 2 years.

Safety and effectiveness in children younger than 2 years have not been established.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If you are not sure whether the patient should start using this medicine, talk to your pharmacist or doctor.

Nuelin syrup has been recommended for the patient only. Do not give it to anyone else even if they suffer from the same condition.

-Before you start to use it

Tell your doctor or pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you have had any of the following medical conditions:

- a stomach ulcer or reflux
- an irregular or rapid heartbeat
- any other heart disease
- high blood pressure
- any liver disease
- thyroid disease

Or else if the patient:

- has a fever
- is pregnant or breastfeeding
- is taking any other medicines for asthma

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breast-feeding.

Your doctor or pharmacist can discuss with you the risks and benefits involved.

If you have not told your pharmacist or doctor about any of the above, tell him/her before you start using Nuelin Syrup.

-Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription or that are herbal from

your pharmacy, supermarket or health food shop.

Some medicine and Nuelin Syrup may interfere with each other. These include

- Cimetidine
- Allopurinol (high dose)
- Propanolol
- Erythromycin and clarithromycin
- Ciprofloxacin and enoxacin
- Alcohol
- Oral contraceptives
- Mexilitene
- Tacrine
- Thiabendazole
- Disulfiram
- Interferon alpha
- Verapamil
- Phenobarbitone
- Phenytoin
- Carbamazepine
- Rifampicin
- St. John's wort

These medicines may be affected by Nuelin Syrup or may affect how well it works. The patient may need different amounts of your medicines, or you may need to take different medicine.

Also tell your doctor or pharmacist if the patient drinks any alcohol or smoke cigarettes.

Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking this medicine.

How to use Nuelin Syrup

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the bottle, ask your doctor or pharmacist for help.

Nuelin Syrup helps to prevent and relieve asthma attacks.

Take this medicine only as directed by your doctor or pharmacist.

-How much to use

The dose for adults is usually 25mL every six hours. However, this dose may be increased or decreased by your doctor.

For children over 2 years old, the dose of Nuelin Syrup depends on the weight of the child. (1mL/kg of bodyweight up to a maximum of 25mL every six hours)

Adults and children over 12 years: 25mL every 6 hours

Nuelin Syrup is not suitable for children younger than 2 years of age except on the advice of a doctor.

-When to use it

It is best to take Nuelin Syrup one hour before food with a glass of water. However, if it upsets the patient's stomach, it should be taken with or immediately after food.

-How long to use it

Take this medicine as long as the doctor tells the patient to.

-If you forgot to use it

If you forget to take your Nuelin Syrup, take it as soon as you remember. However, if it is more than 4 hours, skip the dose you missed and take your next dose at the normal time.

Never take a double dose to make up for a dose you have missed. If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

-If you use too much (overdose)

Immediately telephone your doctor for advice, or go to the Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Nuelin Syrup, do this even if there are no signs of discomfort or poisoning.

If you take too much Nuelin Syrup, you may feel sick and vomit. You may feel irritable, agitated or anxious. You

may be unable to sleep. In severe cases, your heart may beat faster and irregularly and you may have a high body temperature, be very thirsty, be very confused and have fits.

While you are using Nuelin Syrup

-Things you must do

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Nuelin Syrup.

Tell any other doctors, dentists and pharmacists who treat you that you are taking this medicine.

If you are going to have surgery, tell the surgeon or anaesthetist that you are taking this medicine.

If you become pregnant while taking this medicine, tell your doctor immediately.

-Things you must not do

Do not take Nuelin Syrup to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

The patient should not stop taking the medicine or lower the dosage without checking with the pharmacist or doctor.

-Things to be careful of

Be careful when drinking alcohol or smoking cigarettes, these can interfere with how well Nuelin Syrup works.

Side effects

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Nuelin Syrup.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have

side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have. Tell your pharmacist or doctor if you notice any of the following and they worry you:

- Nausea, vomiting, stomach pain
- Heartburn
- Fast heartbeat

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- Very irregular or faster heartbeat
- Fits

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring, or visiting the website npra.moh.gov.my (Public→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and disposal of Nuelin Syrup

-Storage

Keep your medicine in the original pack until it is time to take it.

If you take the syrup out of the pack, they may not keep well.

Keep your medicine in a cool dry place where the temperature stays below 30° C.

Do not store Nuelin Syrup or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Serial number

NPRA(R2/1)240523/1276

-Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product description

-What it looks like

Nuelin Syrup is a clear, almost colourless liquid with a berry like flavour contained in a 100mL bottle.

-Ingredients

-Active ingredient(s)

Each 15mL of Nuelin Syrup contains:

- Theophylline 80 mg

-Inactive ingredients

- Sucrose
- Sorbitol
- Berry citrus flavouring
- Purified water
- Methylhydroxybenzoate
- Propylhydroxybenzoate

-MAL Number

MAL13025048ACZ

Manufacturer

Ensign Laboratories Pty Ltd 490-500
Wellington Road
Mulgrave Victoria
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Product Registration Holder

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Date of revision

25/03/2025

