

Difflam-C Solution

Benzydamine hydrochloride 0.15%w/v / Chlorhexidine gluconate 0.12%w/v

What is in this leaflet

1. What Difflam-C Solution is used for
2. How Difflam-C Solution works
3. Before you use Difflam-C Solution
4. How to use Difflam-C Solution
5. While you are using it
6. Side effects
7. Storage and disposal of Difflam-C Solution
8. Product description
9. Manufacturer
10. Product Registration Holder
11. Date of revision

What Difflam-C Solution is used for

Benzydamine hydrochloride in Difflam-C Solution is used to relieve inflammation and pain in the throat.

Chlorhexidine gluconate has antiseptic activities and is used in the treatment of infections of the mouth and throat. It also helps to reduce the development of dental plaque and inflammation of gums.

How Difflam-C Solution works

Difflam-C solution works by reducing the pain, redness and swelling of painful mouth and throat conditions.

Before you use Difflam-C Solution

-When you must not use it

Do not use this medicine if you have an allergy to:

- any medicine containing Benzydamine hydrochloride or Chlorhexidine gluconate
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body

- rash, itching or hives on the skin.

Pregnancy and breastfeeding

If you are pregnant, trying to become pregnant or breastfeeding, ask your pharmacist or doctor for advice before using Difflam-C Solution.

Do not use this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If you are not sure whether you should start using this medicine, talk to your pharmacist or doctor.

-Before you start to use it

Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

If you have not told your pharmacist or doctor about any of the above, tell him/her before you start using Difflam-C Solution.

-Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription or that are herbal from your pharmacy, supermarket or health food shop.

Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking this medicine.

How to use Difflam-C Solution

Follow all directions on the pack or those given to you by your pharmacist or doctor carefully.

If you do not understand the instructions on the box, ask your pharmacist or doctor for help.

Difflam-C solution is used as an oral rinse or gargle. It should not be swallowed but rather should be spat out after each use.

It should be rinsed around the mouth for at least 30 seconds.

-How much to use

Adults: 15ml (approximately one tablespoon)

Children (above 6 years old): 5 to 15ml

-When to use it

Gargle the solution for at least 30 seconds every 1½ to 3 hours.

-How long to use it

This solution should not be used continuously for more than 7 days unless your doctor or pharmacist tells you to.

-If you forgot to use it

If you forget to use Difflam-C Solution, take the next dose as soon as you remember.

Do not take a double dose to make up for a dose you have missed.

-If you use too much (overdose)

It should not cause you any problems if you accidentally use too much or you swallow some of your medicine. If you have any concern, contact your doctor or pharmacist.

While you are using Difflam-C Solution

-Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to use the medicine.

-Things you must not do

Do not use Difflam-C Solution to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not use more than the recommended dose unless your pharmacist or doctor tells you to.

Do not use this medicine in children under 6 years of age.

-Things to be careful of

Difflam-C Solution contains chlorhexidine. Inform your healthcare provider if you have a known allergy to chlorhexidine.

Stop using this product and seek immediate medical assistance if you experience rash, itching, swelling, breathing difficulties, light-headedness or rapid heartbeat.

Chlorhexidine gluconate may cause staining of teeth but this can be minimised by using Difflam-C Solution after brushing the teeth.

Side effects

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Difflam-C Solution.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have. Tell your pharmacist or doctor if you notice any of the following and they worry you:

- oral numbness
- burning and stinging sensation
- mouth dryness and thirst
- staining of teeth

The above list includes the more common side effects of your medicine. They are usually mild.

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare for low doses of this medicine and when used for a short period of time.

Tell your pharmacist or doctor if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Center for Adverse Drug Reaction Monitoring, or visiting the website npra.moh.gov.my (Public→Reporting Medicinal Problems/Side Effects/AEFI)

Storage and disposal of Difflam-C Solution

-Storage

Keep your medicine in the original pack until it is time to use it.

Keep your medicine in a cool dry place where the temperature stays below 30° C.

Do not store Difflam-C Solution or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

-Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product description

-What it looks like

Difflam-C Solution a pleasant tasting, clear, pink solution. It comes in a 100ml bottle.

-Ingredients

-Active ingredient(s)

Each 15ml of Difflam-C Solution contains:

- Benzydamine hydrochloride 22.5 mg
- Chlorhexidine gluconate 18 mg

-Inactive ingredients

- PEG 40 Hydrogenated Castor Oil
- Sorbitol
- Ethanol
- Carmoisine
- Peppermint
- Aniseed
- Purified water

-MAL Number

MAL12125049ACZ

Manufacturer

Ensign Laboratories Pty Ltd
490-500 Wellington Road
Mulgrave Victoria
Australia 3170

Product Registration Holder

iNova Pharmaceuticals (Singapore) Pte Ltd (Incorporated in Singapore)
Malaysia Branch
5F-2, 5th Floor,
Tower 2, @ PFCC,
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Selangor, Malaysia

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NPRA(R2/1)250416/1455

Difflam-C Solution

Benzydamine hydrochloride 0.15% w/v / Chlorhexidine gluconate 0.12% w/v

Apakah yang ada pada risalah ini

1. Apakah kegunaan Difflam-C Solution
2. Bagaimana Difflam-C Solution berfungsi
3. Sebelum mengambil Difflam-C Solution
4. Cara menggunakan Difflam-C Solution
5. Semasa menggunakan Difflam-C Solution
6. Kesan-kesan sampingan
7. Cara penyimpanan dan pelupusan Difflam-C Solution
8. Maklumat lanjut
9. Pengilang
10. Pemegang Pendaftaran Produk
11. Tarikh kemaskini RIMUP

Apakah kegunaan Difflam-C Solution

Benzydamine Hydrochloride dalam Difflam-C Solution digunakan untuk melegakan keradangan dan kesakitan tekak.

Chlorhexidine Gluconate mempunyai kesan antiseptik dan digunakan dalam rawatan jangkitan mulut dan tekak. Ia juga membantu untuk mengurangkan pembentukan plak gigi dan keradangan gusi.

Bagaimana Difflam-C Solution berfungsi

Difflam-C Solution berfungsi dengan mengurangkan kesakitan, kemerahan dan bengkak mulut dan sakit tekak.

Sebelum menggunakan Difflam-C Solution

-Bila tidak boleh mengambil

Jangan menggunakan ubat ini jika anda mempunyai alahan kepada:

- mana-mana ubat yang mengandungi Benzydamine Hydrochloride atau Chlorhexidine gluconate
- mana-mana bahan yang disenaraikan pada akhir risalah ini.

Sesetengah simptom reaksi alahan termasuk:

- sesak nafas
- bunyi berdehrit atau kesukaran pernafasan
- bengkak muka, bibir, lidah atau bahagian-bahagian badan yang lain
- ruam, gatal-gatal atau gatal-gatal pada kulit.

Kehamilan dan penyusuan

Jika anda mengandung, cuba untuk hamil atau menyusu, bertanya kepada ahli farmasi atau doktor untuk mendapatkan nasihat sebelum menggunakan Difflam-C Solution.

Jangan menggunakan ubat ini selepas tarikh luput yang dicetak pada pek atau jika bungkusan koyak atau terdapat kesan-kesan terbuka.

Jika anda tidak pasti sama ada anda perlu mula menggunakan ubat ini, berbincang dengan ahli farmasi atau doktor anda.

-Sebelum mula mengambil

Beritahu ahli farmasi anda jika anda mempunyai alahan kepada apa-apa ubat-ubatan lain, makanan, pengawet atau pewarna.

Jika anda belum memberitahu ahli farmasi atau doktor anda mengenai mana-mana di atas, beritahu dia

sebelum anda mula menggunakan Difflam-C Solution.

-Jika mengambil ubat-ubat lain

Beritahu ahli farmasi atau doktor anda jika anda mengambil apa-apa ubat-ubatan lain, termasuk apa-apa yang anda dapat tanpa preskripsi atau yang herba dari farmasi anda, pasar raya atau kedai makanan kesihatan.

Ahli farmasi atau doktor anda mempunyai maklumat ubat-ubatan untuk memerlukan perhatian atau dielakkan semasa mengambil ubat ini.

Cara menggunakan Difflam-C Solution

Ikut semua arahan pada pek atau arahan yang diberikan oleh ahli farmasi atau doktor anda dengan teliti.

Jika anda tidak memahami arahan pada kotak, minta ahli farmasi atau doktor anda untuk membantu.

Difflam-C Solution digunakan sebagai ubat berkumur. Ia tidak harus ditelan dan perlu diludahkan selepas setiap kali digunakan.

Ia harus dibilas di sekeliling mulut untuk sekurang-kurangnya 30 saat.

-Berapa banyak harus diambil

Dewasa: 15ml (kira-kira satu sudu besar)

Kanak-kanak (berumur 6 tahun ke atas): 5 hingga 15ml

-Bila perlu mengambil

Berkumur Difflam-C Solution untuk sekurang-kurangnya 30 saat setiap 1 ½ hingga 3 jam.

-Berapa lama perlu diambil

Difflam-C Solution ini tidak harus digunakan secara berterusan selama lebih daripada 7 hari melainkan diarahkan oleh doktor atau ahli farmasi anda.

-Jika terlupa mengambil

Jika anda terlupa untuk menggunakan Difflam-C Solution, mengambil dos seterusnya dengan seberapa segera yang anda ingat.

Jangan mengambil dos berganda untuk mengganti dos anda telah terlepas.

-Jika mengambil berlebihan (terlebih dos)

Ia tidak akan menyebabkan anda apa-apa masalah jika anda secara tidak sengaja menggunakan terlalu banyak atau anda menelan sedikit ubat anda. Jika anda mempunyai apa-apa kebimbangan, hubungi doktor atau ahli farmasi.

Semasa menggunakan Difflam-C Solution

-Perkara yang perlu dilakukan

Berbincang dengan ahli farmasi atau doktor anda jika simptom anda tidak bertambah baik.

Ahli farmasi atau doktor anda akan menilai keadaan anda dan membuat keputusan jika anda perlu terus menggunakan ubat ini.

-Perkara tidak boleh dilakukan

Jangan gunakan Difflam-C Solution untuk merawat apa-apa aduan lain melainkan jika ahli farmasi atau doktor anda memberitahu anda.

Jangan memberi ubat kepada orang lain, walaupun mereka mempunyai keadaan yang sama seperti anda.

Jangan menggunakan lebih daripada dos yang disyorkan melainkan jika ahli farmasi atau doktor anda memberitahu anda.

Jangan gunakan ubat ini di kalangan kanak-kanak di bawah umur 6 tahun.

-Perkara yang perlu diberi perhatian

Difflam-C Solution mengandungi chlorhexidine. Hubungi ahli-kesihatan jika anda mempunyai alahan kepada chlorhexidine.

Berhenti menggunakan produk ini dan dapatkan bantuan perubatan segera jika anda mengalami ruam, gatal-gatal, bengkak, kesukaran bernafas, pening atau denyutan jantung yang cepat.

Chlorhexidine boleh menyebabkan kesan "stain" pada gigi tetapi ini boleh dielakkan dengan menggunakan Difflam-C Solution selepas memberus gigi.

Kesan-kesan sampingan

Beritahu ahli farmasi atau doktor anda secepat mungkin jika anda tidak berasa sihat semasa anda menggunakan Difflam-C Solution.

Ubat ini mungkin menyebabkan kesan sampingan yang tidak diingini pada sesetengah orang. Semua ubat-ubatan boleh memberi kesan sampingan. Kadang-kadang kesan ini adalah serius tapi kebanyakan masa adalah tidak serius. Anda mungkin memerlukan rawatan jika terdapat beberapa kesan sampingan.

Jangan berasa bimbang tentang senarai kesan-kesan sampingan berikut. Anda mungkin tidak mengalami apa-apa daripada kesa-kesan ini.

Tanya ahli farmasi atau doktor anda untuk menjawab apa-apa soalan yang anda ada.

Beritahu ahli farmasi atau doktor anda jika anda mendapati mana-mana kesan sampingan berikut yang membimbangkan anda:

- kebas mulut
- membakar dan rasa pedih sensasi
- kekeringan mulut dan dahaga
- pewarnaan-gigi

Senarai di atas termasuk kesan sampingan yang biasa dialami dengan ubat anda. Kesan-kesan ini biasanya adalah tidak serius.

Jika mana-mana yang berikut berlaku, beritahu doktor anda dengan segera atau pergi ke Unit Kemalangan dan Kecemasan di hospital terdekat anda:

- sesak nafas
- bunyi berdehrit atau kesukaran pernafasan
- bengkak muka, bibir, lidah atau bahagian-bahagian badan yang lain
- ruam, gatal-gatal atau gatal-gatal pada kulit

Senarai di atas termasuk kesan sampingan yang sangat serius. Anda mungkin memerlukan rawatan perubatan dengan segera atau rawatan hospital. Kesan-kesan sampingan adalah amat jarang bagi dos rendah bagi ubat ini dan apabila digunakan untuk tempoh yang singkat.

Beritahu ahli farmasi atau doktor anda jika anda notis apa-apa yang membuat anda merasa kurang sihat.

Kesan sampingan lain yang tidak disenaraikan di atas juga mungkin berlaku pada sesetengah orang.

Anda boleh melaporkan sebarang kesan sampingan atau kesan adverse

ubat kepada Pusat Pemantauan Kesan Advers Ubat Kebangsaan melalui No. Tel: 03-78835550, atau laman web npra.moh.gov.my (Public→Reporting Medicinal Problems/Side Effects/AEFI)

Cara penyimpanan dan pelupusan Difflam-C Solution

-Penyimpanan

Simpan ubat anda dalam pek asal.

Simpan ubat anda di tempat yang suhu sederhana dan kering. (di bawah 30 ° C).

Jangan simpan Difflam-C Solution atau mana-mana perubatan lain di bilik mandi atau berhampiran sinki. Jangan biarkan ia di ambang tingkap atau di dalam kereta.

Haba panas dan kelembapan boleh merosakkan ubat ini.

Pastikan ubat ini sentiasa dijauhkan daripada kanak-kanak.

Almari yang berkunci sekurang-kurangnya satu setengah meter di atas lantai adalah tempat yang baik untuk menyimpan ubat.

-Pelupusan

Tanya ahli farmasi anda apa yang perlu dilakukan dengan mana-mana ubat yang ditinggalkan, atau jika tarikh luput telah berlalu.

Maklumat lanjut

-Rupa dan warna produk

Difflam-C Solution adalah ubat kumur jenis larutan yang berwarna merah jambu.

Ia dipek dalam botol 100ml.

-Bahan-bahan kandungan

-Bahan aktif

Setiap 15ml Difflam-C Solution mengandungi:

- Benzydamine hydrochloride 22,5 mg
- Chlorhexidine gluconate 18 mg

-Bahan tidak aktif

- PEG 40 hydrogenated Castor Oil
- Sorbitol
- Ethanol
- Carmoisine
- Peppermint
- Aniseed
- Purified water

-Nombor MAL

MAL12125049ACZ

Pengilang

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Pemegang Pendaftaran Produk

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Tarikh kemaskini RiMUP

09/01/2025