

DIFFLAM SOLUTION

Benzydamine hydrochloride (0.15%w/v)

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What Difflam Solution is used for

Benzydamine hydrochloride in Difflam Solution is used to relieve inflammation and pain in the throat.

How Difflam Solution works

Difflam solution works by reducing the pain, redness and swelling of painful mouth and throat conditions.

Before you use Difflam Solution

-When you must not use it

Do not use this medicine if you have an allergy to:

- any medicine containing Benzydamine hydrochloride
- any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin.

Pregnancy and breastfeeding

If you are pregnant, trying to become pregnant or breastfeeding, ask your pharmacist or doctor for advice before using Difflam Solution.

Do not use this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If you are not sure whether you should start using this medicine, talk to your pharmacist or doctor.

-Before you start to use it

Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you have any of the following medical conditions:

- Liver problems
- Kidney problems

If you have not told your pharmacist or doctor about any of the above, tell him/her before you start using Difflam Solution.

-Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription or that are herbal from your pharmacy, supermarket or health food shop.

Your pharmacist or doctor will have more information on medicines to be careful with or avoid while taking this medicine.

How to use Difflam Solution

Follow all directions on the pack or those given to you by your pharmacist or doctor carefully.

If you do not understand the instructions on the box, ask your pharmacist or doctor for help.

Difflam Solution is used as an oral rinse or gargle. It should not be swallowed but rather should be spat out after each use.

It should be rinsed around the mouth for at least 30 seconds.

-How much to use

Adults: 15ml (approximately one tablespoon)

Children (above 6 years old): 5 to 15ml

-When to use it

Gargle the solution for at least 30 seconds every 1½ to 3 hours.

-How long to use it

This solution should not be used continuously for more than 7 days unless your doctor or pharmacist tells you to.

-If you forgot to use it

If you forget to use Difflam Solution, take the next dose as soon as you remember.

Do not take a double dose to make up for a dose you have missed.

-If you use too much (overdose)

It should not cause you any problems if you accidentally use too much or you swallow some of your medicine. If you have any concern, contact your doctor or pharmacist.

While you are using Difflam Solution

-Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to use the medicine.

-Things you must not do

Do not use Difflam Solution to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not use more than the recommended dose unless your pharmacist or doctor tells you to.

Do not use this medicine in children under 6 years of age.

-Things to be careful of

Talk to your pharmacist or doctor if your symptoms do not improve.

Side effects

Tell your pharmacist or doctor as soon as possible if you do not feel well while you are taking Diffiam Solution.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of possible side effects. You may not experience any of them.

Ask your pharmacist or doctor to answer any questions you may have.

Tell your pharmacist or doctor if you notice any of the following and they worry you:

- oral numbness
- burning and stinging sensation
- mouth dryness and thirst

The above list includes the more common side effects of your medicine. They are usually mild.

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare for low doses of this medicine and when used for a short period of time.

Tell your pharmacist or doctor if you notice anything that is making you feel unwell.

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of Diffiam Solution

-Storage

Keep your medicine in the original pack until it is time to use it.

Keep your medicine in a cool dry place where the temperature stays below 30° C.

Do not store Diffiam Solution or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

-Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

Product description

-What it looks like

Diffiam Solution a pleasant tasting, clear, green solution. It comes in a 100ml bottle.

-Ingredients

-Active ingredient(s)

Each 15ml of Diffiam Solution contains:

- Benzydamine hydrochloride 22.5 mg

-Inactive ingredients

- Glycerol
- Saccharin sodium
- Ethanol
- Methyl hydroxybenzoate
- Polysorbate 20
- Patent blue
- Quinoline yellow
- Aromatic 52.503T
- Purified water

-MAL Number

MAL12115061ACZ

Manufacturer

Ensign Laboratories Pty Ltd
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Product Registration Holder

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