# IPODINE SOLUTION 10% W/V

Povidone Iodine 10% w/v

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**What Ipodine is used for**

Ipodine is used topically as antiseptics in the management of minor, superficial skin wounds.

**How Ipodine works**

Ipodine contains a medicine called Povidon Iodine that kills bacteria, viruses, fungi, spores and protozoa.

**Before you use Ipodine**

***-When you must not use it***

- If you are allergic (hypersensitive) to povidone iodine or any of the ingredients of this formulation.
- If you currently have or have ever had, a thyroid problem, including swelling (nodular colloid goiter, endemic goiter or Harishimoto's thyroiditis), as using this medicine in these circumstances can further affect the function of your thyroid.

***-Before you start to use it***

Before using Ipodine, make sure your doctor or pharmacist knows:

- If you have ever had allergy to this or any other medicines.
- If you are pregnant, planning for a baby or breast-feeding.
- If you are using other medicines, including herbal and supplementary medicines.
- If you have deep puncture wounds, animal bites, serious burns.
- If you have thyroid disorders or are receiving lithium therapy.

***-Taking other medications***

You must inform your doctor or pharmacist if you are taking or have recently taken, any other medicines including medicines obtained without a prescription, before you use Ipodine. In particular you should tell your doctor if you are taking the following:

- Lithium (for depression) can interact with Ipodine to affect the function of the thyroid gland.

Therefore, concurrent use should be avoided.

***-Pregnancy and breast-feeding***

If you know you are, or think you might be pregnant, or are breastfeeding, talk to a doctor or pharmacist before using Ipodine.

The topically applied Ipodine to the vaginal mucosa is absorbed systemically. Following vaginal administration as a douche, iodine concentrations are increased in the maternal urine, amniotic fluid, cord blood and fetal thyroid. Topical use prior to delivery caused transient hypothyroidism in the newborn.

Iodine can be detected in breast-milk following topical application of povidone-iodine. Excessive use of povidone-iodine should be avoided in pregnant or lactating women. Under these circumstances, povidone-iodine should only be administered if clearly necessary.

**How to use Ipodine**

***-How much to use:***

- Clean the affected area. Apply a small amount of this medicine to the area 1-3 times daily. The area may be covered with a sterile bandage. If bandaged, let dry first - To avoid irritation, surfaces to which the medicine is applied should not be covered.

***-When to use***

- Ipodine should be applied 1-3 times daily after cleaning the affected area.

***-How long to use it***

- Do not use this product longer than 1 week unless directed by a doctor. ***If you forgot to use it***
- Use it whenever you remember.

***-If you use too much (overdose)***

- If you accidentally swallow any Ipodine: you should go to contact your doctor immediately. Take this leaflet and any other packaging with you so they know what you have taken**.**

**How to treat overdosage:**

Depending on the route of exposure.

- If overdose occurs via inhalation, remove the victim from exposure.
- If overdose occurs by skin and eyes contact, remove contaminated clothing and flush exposed skin with water. Irrigate exposed eyes copiously with tepid water or saline for at least 15 minutes.
- If overdose occurs by ingestion, do not induce vomiting because of the corrosive effects of iodine. Administer a starchy

food (potato, flour, or cornstarch) or milk to lessen GI irritation. Activated charcoal does bind iodine in vitro but is of unknown efficacy.

**While you are using Ipodine**

***-Things you must do***

- Get emergency medical help if you have any of these signs of an allergic reaction to Ipodine: hypersensitivity reactions, irritation of the skin and mucous membranes, anaphylaxis, contact dermatitis.
- Stop using Ipodine and consult your doctor if the condition persists or gets worse or if irritation and redness develop and persist for more than 72 hours

***-Things you must not do***

- Do not use Ipodine in the eyes or over large areas of the body
- Do not use Ipodine for longer than 1 week unless directed by a doctor. Prolonged exposure may cause irritation or rarely severe skin reactions.
- Do not heat prior to application.

***-Things to be careful of***

- Ipodine is for external use only. - Keep out of reach of children.

**Side Effects**

Ipodine can cause hypersensitivity reactions and irritation of the skin and mucous membranes. The application of Ipodine to severe burns or to large areas otherwise denuded of skin may produce the systemic adverse effects associated with iodine and metabolic acidosis, hypernatremia, and renal impairment. Hyperthyroidism or hypothyroidism may occur after ingestion or absorption of large quantities. Prolonged exposure may cause irritation, or, rarely, severe skin reactions.
You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [ Consumers → Reporting Side effects to Medicines (ConSERF) or Vaccines (AEFI)]

**Storage and disposal of Ipodine**

- Keep medicine below 30°C and away from direct heat and light
- Keep out of reach and sight of children.

**Product description**

***-What does Ipodine look like***

Deep brown solution with characteristic odor of iodine.

***-Ingredients***

*Active Ingredient:*
Povidone Iodine 10% w/v
*Excipients:*
Nonoxynol-9
Sodium Hydroxide
Glycerin
Citric Acid Anhydrous
Disodium Hydrogen
Phosphate Purified water

***-MAL number***

MAL17107098XZ

**Manufacturer**

THE
GOVERNMENT
PHARMACEUTICA
L ORGANIZATION
75/1 Rama VI Road,
Ratchathewi, Bangkok, Thailand

**Product Registration Holder**

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