

Metabolism and nutrition disorders	Very Common Hypokalaemia Hyperglycaemia Common Hypomagnesaemia Hypocalcaemia Hypophosphataemia Hyperkalaemia Hypercalcaemia	Common Hyperkalaemia Hyperglycaemia Hypomagnesaemia Hypocalcaemia Hypophosphataemia Hyperkalaemia Hypercalcaemia
	Very Common Insomnia Common Depression	Common Depression Insomnia
Psychiatric disorders	Very Common Peripheral sensory neuropathy Dizziness Tremor Common Syncope Peripheral sensorimotor neuropathy Paraesthesia Dysgeusia	Common Syncope Peripheral sensory neuropathy Peripheral sensorimotor neuropathy Uncommon Dizziness Tremor
	Common Cataract	Common Cataract
Cardiac disorders	Common Atrial fibrillation	Common Atrial fibrillation
Vascular disorders	Common Deep vein thrombosis Hypotension Hypertension	Common Hypotension Hypertension Uncommon Deep vein thrombosis
	Very Common Dyspnoea Cough Common Pulmonary embolism	Common Dyspnoea Cough Common Pulmonary embolism
Respiratory, thoracic and mediastinal disorders	Very Common Dyspnoea Cough Common Pulmonary embolism	Common Dyspnoea Cough Common Pulmonary embolism
	Very Common Diarrhoea Vomiting Nausea Constipation Common Abdominal pain Abdominal pain upper Stomatitis Dry mouth Abdominal distension	Common Diarrhoea Vomiting Abdominal pain Constipation Uncommon Abdominal pain upper Stomatitis Nausea Abdominal distension
Skin and subcutaneous tissue disorders	Common Rash	Common Rash
Musculoskeletal and connective tissue disorders	Very Common Muscular weakness Back pain Common Bone pain Muscle spasms	Common Muscular weakness Back pain Uncommon Bone pain
	Common Acute kidney injury Chronic kidney injury Urinary retention	Common Acute kidney injury Chronic kidney injury Urinary retention
General disorders and administration site conditions	Very Common Fatigue Pyrexia Oedema peripheral Common Non-cardiac chest pain Oedema	Common Fatigue Pyrexia Non-cardiac chest pain Oedema peripheral Oedema
	Common Alamine aminotransferase increased Weight decreased	Common Weight decreased
Investigations	Common Fall	Common Fall
Injury, poisoning and procedural complications	Common Fall	Uncommon Fall

Tabulated list of adverse reactions

• **Pomalidomide in combination with dexamethasone**

The adverse reactions observed in patients treated with pomalidomide plus dexamethasone are listed below in Table 8 by system organ class (SOC) and frequency for all adverse reactions (ADRs) and for Grade 3 or 4 adverse reactions.

The frequencies of adverse reactions are those reported in the pomalidomide plus dexamethasone treatment and from post-marketing data. Within each SOC and frequency grouping, adverse reactions are presented in order of decreasing seriousness. Frequencies are defined in accordance with current guidance, as: very common, common and uncommon.

Table 8. ADRs reported in patients treated with pomalidomide in combination with dexamethasone.

System Organ Class/ Preferred Term	All ADRs/Frequency	Grade 3–4 ADRs/Frequency
Infections and infestations	Very Common Pneumonia (bacterial, viral and fungal infections, including opportunistic infections) Common Neutropenic sepsis Bronchopneumonia Respiratory tract infection Upper respiratory tract infection Nasopharyngitis Herpes zoster	Very Common Neutropenic sepsis Pneumonia (bacterial, viral and fungal infections, including opportunistic infections) Bronchopneumonia Respiratory tract infection Upper respiratory tract infection Common Bronchitis Herpes zoster
	Uncommon Basal cell carcinoma of the skin, Squamous cell carcinoma of the skin	Uncommon Basal cell carcinoma of the skin, Squamous cell carcinoma of the skin
Blood and lymphatic system disorders	Very Common Neutropenia Thrombocytopenia Leucopenia Anaemia Common Febrile neutropenia	Very Common Neutropenia Thrombocytopenia Anaemia Common Febrile neutropenia Leucopenia
	Very Common Decreased appetite Common Hyperkalaemia Hyponatremia	Very Common Hyperkalaemia Hyponatremia Uncommon Decreased appetite
Metabolism and nutrition disorders	Very Common Decreased appetite Common Hyperkalaemia Hyponatremia	Very Common Hyperkalaemia Hyponatremia Uncommon Decreased appetite
Psychiatric disorders	Common Confusional state	Common Confusional state
Nervous system disorders	Common Depressed level of consciousness Peripheral sensory neuropathy Dizziness Tremor	Common Depressed level of consciousness Uncommon Peripheral sensory neuropathy Dizziness Tremor
	Common Vertigo	Common Vertigo
Ear and labyrinth disorders	Common Vertigo	Common Vertigo
Vascular disorders	Common Deep vein thrombosis	Uncommon Deep vein thrombosis
Respiratory, thoracic and mediastinal disorders	Very Common Dyspnoea Cough Common Pulmonary embolism	Common Dyspnoea Uncommon Pulmonary embolism Cough
	Very Common Diarrhoea Nausea Constipation Common Vomiting Gastrointestinal haemorrhage	Common Diarrhoea Nausea Constipation Uncommon Vomiting Gastrointestinal haemorrhage
Gastrointestinal disorders	Very Common Diarrhoea Nausea Constipation Common Vomiting Gastrointestinal haemorrhage	Common Diarrhoea Nausea Constipation Uncommon Vomiting Gastrointestinal haemorrhage
Hepatobiliary disorders	Uncommon Hyperbilirubinaemia	Common Hyperbilirubinaemia
Skin and subcutaneous tissue disorders	Common Rash Pruritus	Common Rash
Musculoskeletal and connective tissue disorders	Very Common Bone pain Muscle spasms	Common Bone pain Uncommon Muscle spasms
	Common Renal failure Urinary retention	Common Renal failure Uncommon Urinary retention
Renal and urinary disorders	Common Renal failure Urinary retention	Common Renal failure Uncommon Urinary retention
Reproductive system and breast disorders	Common Pelvic pain	Common Pelvic pain
General disorders and administration site conditions	Very Common Fatigue Pyrexia Oedema peripheral	Common Fatigue Pyrexia Oedema peripheral
	Common Neutrophil count decreased White blood cell count decreased Platelet count decreased Alanine aminotransferase increased	Common Neutrophil count decreased White blood cell count decreased Platelet count decreased Alanine aminotransferase increased

Tabulated list of post-marketing adverse reactions

In addition to the above adverse reactions identified, the following Table 9 is derived from data gathered from post-marketing surveillance.

Frequencies are defined in accordance with current guidance, as: very common, common, uncommon and not known.

Table 9. ADRs reported in post-marketing use in patients treated with pomalidomide.

System Organ Class/ Preferred Term	All Adverse Reactions / Frequency	Grade 3–4 Adverse Reactions / Frequency
Infections and infestations	Not Known Hepatitis B reactivation	Not Known Hepatitis B reactivation
	Common Pancytopenia	Common Pancytopenia
Immune system disorders	Common Angiodema Urticaria Not Known Anaphylactic reaction	Common Angiodema Urticaria Not Known Anaphylactic reaction
	Uncommon Hypothyroidism	

Metabolism and nutrition disorders	Common Hyperuricaemia Uncommon Tumour lysis syndrome	Common Hyperuricaemia Uncommon Tumour lysis syndrome
	Common Intracranial haemorrhage Uncommon Cerebrovascular accident	Uncommon Cerebrovascular accident Intracranial haemorrhage
Nervous system disorders	Common Intracranial haemorrhage Uncommon Cerebrovascular accident	Uncommon Cerebrovascular accident Intracranial haemorrhage
Cardiac disorders	Common Cardiac failure Atrial fibrillation Myocardial infarction	Common Cardiac failure Atrial fibrillation Uncommon Myocardial infarction
	Common Epistaxis Interstitial lung disease	Uncommon Epistaxis Interstitial lung disease
Respiratory, thoracic and mediastinal disorders	Common Epistaxis Interstitial lung disease	Uncommon Epistaxis Interstitial lung disease
Hepatobiliary disorders	Uncommon Hepatitis	
Skin and subcutaneous tissue disorders	Not Known Drug Reaction with Eosinophilia and Systemic Symptoms Toxic Epidermal Necrolysis Stevens-Johnson Syndrome	Not Known Drug Reaction with Eosinophilia and Systemic Symptoms Toxic Epidermal Necrolysis Stevens-Johnson Syndrome
	Common Blood uric acid increased	Uncommon Blood uric acid increased

Description of selected adverse reactions

Teratogenicity

Pomalidomide is structurally related to thalidomide. Thalidomide is a known human teratogenic active substance that causes severe life-threatening birth defects. Pomalidomide was found to be teratogenic in both rats and rabbits when administered during the period of major organogenesis (see sections 4.6). If pomalidomide is taken during pregnancy, a teratogenic effect of pomalidomide in humans is expected (see section 4.4).

Neutropenia and thrombocytopenia

In patients receiving combination therapy with pomalidomide, neutropenia occurred in patients. Neutropenia did not lead to pomalidomide discontinuation in any patient and was infrequently serious. Febrile neutropenia (FN) was reported in patients and was serious (see section 4.2 and 4.4).

In patients receiving combination therapy with pomalidomide, thrombocytopenia occurred in patients. Thrombocytopenia was Grade 3 or 4 in patients, led to pomalidomide discontinuation and was serious (see sections 4.2 and 4.4).

Neutropenia and thrombocytopenia tended to occur more frequently within the first 2 cycles of treatment with pomalidomide.

Infection

Infection was the most common non haematological toxicity.

In patients receiving combination therapy with pomalidomide in infection occurred in patients (Grade 3 or 4). Upper respiratory tract infection and pneumonia were the most frequently occurring infections.

Fatal infections (Grade 5) occurred in patients. Infections led to pomalidomide discontinuation in patients.

Thrombotic events

Prophylaxis with acetylsalicylic acid (and other anticoagulants in high risk patients) was mandatory for all patients. Anticoagulation therapy (unless contraindicated) is recommended (see section 4.4).

In patients receiving combination therapy with pomalidomide, venous thromboembolic events (VTE) occurred in patients (Grade 3 or 4). VTE was reported as serious in patients, no fatal reactions were reported, and VTE was associated with pomalidomide discontinuation in patients.

Peripheral neuropathy

Pomalidomide in combination with bortezomib and dexamethasone

Patients with ongoing peripheral neuropathy ≥ Grade 2 with pain within 14 days prior to randomisation were excluded from treatment. Peripheral neuropathy occurred in patients (Grade 3; Grade 4). The patients experiencing peripheral neuropathy had a history of neuropathy at baseline. Peripheral neuropathy led to discontinuation of bortezomib in patients, pomalidomide in patients and dexamethasone in patients, respectively. Refer also to the bortezomib SmPC.

Pomalidomide in combination with dexamethasone

Patients with ongoing peripheral neuropathy ≥ Grade 2 were excluded from treatment. Peripheral neuropathy occurred in patients (Grade 3 or 4). No peripheral neuropathy reactions were reported as serious, and peripheral neuropathy led to dose discontinuation in patients (see section 4.4).

Haemorrhage

Haemorrhagic disorders have been reported with pomalidomide, especially in patients with risk factors such as concomitant medicinal products that increase susceptibility to bleeding. Haemorrhagic events have included epistaxis, intracranial haemorrhage and gastrointestinal haemorrhage.

Allergic reactions and severe skin reactions

Angioedema, anaphylactic reaction and severe cutaneous reactions including SJS, TEN and DRESS have been reported with the use of pomalidomide. Patients with a history of severe rash associated with lenalidomide or thalidomide should not receive pomalidomide (see section 4.4).

Paediatric population

Adverse reactions reported in paediatric patients (aged 4 to 18 years) with recurrent or progressive brain tumours were consistent with the known pomalidomide safety profile in adult patients (see section 5.1).

4.9 Overdose

Pomazra doses as high as 50 mg as a single dose in healthy patients, and 10 mg as once-daily multiple doses in multiple myeloma patients have been studied without reported serious adverse reactions related to overdose. In available data, pomalidomide was found to be removed by haemodialysis.

In the event of overdose, supportive care is advised.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Immunomodulating agent, ATC code: L04AX06

Mechanism of action

Pomalidomide has direct anti-myeloma tumoricidal activity, immunomodulatory activities and inhibits stromal cell support for multiple myeloma tumour cell growth. Specifically, pomalidomide inhibits proliferation and induces apoptosis of haematopoietic tumour cells. Additionally, pomalidomide inhibits the proliferation of lenalidomide-resistant multiple myeloma cell lines and synergises with dexamethasone in both lenalidomide-sensitive and lenalidomide-resistant cell lines to induce tumour cell apoptosis. Pomalidomide enhances T cell- and natural killer (NK) cell- mediated immunity and inhibits production of pro-inflammatory cytokines (e.g., TNF-α and IL-6) by monocytes. Pomalidomide also inhibits angiogenesis by blocking the migration and adhesion of endothelial cells. Pomalidomide binds directly to the protein cereblon (CRBN), which is part of an E3 ligase complex that includes deoxyribonucleic acid (DNA) damage-binding protein (DDB1), cullin 4 (CUL4), and regulator of cullins-1 (Roc1), and inhibit the auto-ubiquitination of CRBN within the complex. E3 ubiquitin ligases are responsible for the poly-ubiquitination of a variety of substrate proteins, and may partially explain the pleiotropic cellular effects observed with pomalidomide treatment.

In the presence of pomalidomide, substrate proteins Aktos and Karos are targeted for ubiquitination and subsequent degradation leading to direct cytotoxic and immunomodulatory effects. Pomalidomide therapy led to reduction in the levels of Karos in patients with relapsed lenalidomide-refractory multiple myeloma.

5.2 Pharmacokinetic properties

Absorption

Pomalidomide is absorbed with a maximum plasma concentration (C_{max}) occurring between 2 and 3 hours and is at least 73% absorbed following administration of single oral dose. The systemic exposure (AUC) of pomalidomide increases in an approximately linear and dose proportional manner. Following multiple doses, pomalidomide has an accumulation ratio of 27 to 31% on AUC.

Distribution

Pomalidomide has a mean apparent volume of distribution (Vd/F) between 62 and 138 L at steady state. Pomalidomide is distributed in serum of healthy patients at a concentration of approximately 67% of plasma level at 4 hours post-dose (approximately T_{max}) after 4 days of once daily dosing at 2 mg. Binding of pomalidomide enantiomers to proteins in human plasma ranges from 12% to 44% and is not concentration dependent.

Biotransformation

Pomalidomide is the major circulating component (approximately 70% of plasma radioactivity) in vivo in healthy subjects who received a single oral dose of [14C]-pomalidomide (2 mg). No metabolites were present at >10% relative to parent or total radioactivity in plasma.

The predominant metabolic pathways of excreted radioactivity are hydroxylation with subsequent glucuronidation, or hydrolysis. CYP1A2 and CYP3A4 were identified as the primary enzymes involved in the CYP-mediated hydroxylation of pomalidomide, with additional minor contributions from CYP2C19 and CYP2D6. Pomalidomide is also a substrate of P-glycoprotein in vitro. Co-administration of pomalidomide with the strong CYP3A4/5 and P-gp inhibitor ketoconazole, or the strong CYP3A4/5 inducer carbamazepine, had no clinically relevant effect on exposure to pomalidomide. Co-administration of the strong CYP1A2 inhibitor fluvoxamine with pomalidomide in the presence of ketoconazole, increased mean exposure to pomalidomide compared to pomalidomide plus ketoconazole. Co-administration of fluvoxamine alone with pomalidomide increased mean exposure to pomalidomide compared to pomalidomide alone. If strong inhibitors of CYP1A2 (e.g. ciprofloxacin, enoxacin and fluvoxamine) are co-administered with pomalidomide, reduce the dose of pomalidomide to 50%. Administration of pomalidomide in smokers, with smoking tobacco known to induce the CYP1A2 isoform, had no clinically relevant effect on exposure to pomalidomide compared to that exposure to pomalidomide observed in non-smokers.

Based on data, pomalidomide is not an inhibitor or inducer of cytochrome P-450 isoenzymes, and does not inhibit any drug transporters that were evaluated. Clinically relevant drug-drug interactions are not anticipated when pomalidomide is coadministered with substrates of these pathways.

Elimination

Pomalidomide is eliminated with a median plasma half-life of approximately 9.5 hours in healthy patients and approximately 7.5 hours in patients with multiple myeloma. Pomalidomide has a mean total body clearance (CL/F) of approximately 7.1 L/h.

Following a single oral administration of [14C]-pomalidomide (2 mg) to healthy patients, approximately 73% and 15% of the radioactive dose was eliminated in urine and faeces, respectively, with approximately 2% and 8% of the dosed radioactivity eliminated as pomalidomide in urine and faeces.

Pomalidomide is extensively metabolised prior to excretion, with the resulting metabolites eliminated primarily in the urine. The 3 predominant metabolites in urine (formed via hydrolysis or hydroxylation with subsequent glucuronidation) account for approximately 23%, 17%, and 12%, respectively, of the dose in the urine.

CYP dependent metabolites account for approximately 43% of the total excreted radioactivity, while non- CYP dependent hydrolytic metabolites account for 25%, and excretion of unchanged pomalidomide accounted for 10% (2% in urine and 8% in faeces).

Population Pharmacokinetics (PK)

Based on population PK analysis, healthy patients and MM patients had comparable apparent clearance (CL/F) and apparent central volume of distribution (V2/F). In peripheral tissues, pomalidomide was preferentially taken up by tumours with apparent peripheral distribution clearance (QP) and apparent peripheral volume of distribution (V3/F) 3.7-fold and 8-fold higher, respectively, than that of healthy patients.

Paediatric population

Following a single oral dose of pomalidomide in children and young adults with recurrent or progressive primary brain tumour, the median T_{max} was 2 to 4 hours post-dose. AUC₀₋₂₄ and AUC_{0-inf} followed similar trends, with total exposure in the range of approximately 700 to 800 h ng/mL at the lower 2 doses, and approximately 1200 h ng/mL at the high dose. Estimates of half-life were in the range of approximately 5 to 7 hours. There were no clear trends attributable to stratification by age and steroid use at the MTD.

Overall, data suggest that AUC increased nearly proportionally to the increase in pomalidomide dose, while the increase in C_{max} was generally less than proportional.

The pharmacokinetics of pomalidomide following oral administration dose levels of 1.9 mg/m²/day to 3.4 mg/m²/day were determined in patients with ages from 4 to 20 years with recurrent or progressive paediatric brain tumours. Pomalidomide concentration-time profiles were adequately described with a one-compartment PK model with first-order absorption and elimination. Pomalidomide exhibited linear and time-invariant PK with moderate variability. The typical values of CL/F, Vd/F, K_a, lag time of pomalidomide were 3.94 L/h, 43.0 L, 1.45 h and 0.454 h respectively. The terminal elimination half-life of pomalidomide was 7.33 hours. Except for body surface area (BSA), none of the tested covariates including age and sex had effect on pomalidomide PK. Although BSA was identified as a statistically significant covariate of pomalidomide CL/F and Vd/F, the impact of BSA on exposure parameters was not deemed clinically relevant.

In general, there is no significant difference of pomalidomide PK between children and adult patients.

Elderly

Based on population pharmacokinetic analyses in healthy patients and multiple myeloma patients, no significant influence of age (18-83 years) on oral clearance of pomalidomide was observed. In clinical studies, no dosage adjustment was required in elderly (> 65 years) patients exposed to pomalidomide. Please see section 4.2.

Renal impairment

Population pharmacokinetic analyses showed that the pomalidomide pharmacokinetic parameters were not remarkably affected in renally impaired patients (defined by creatinine clearance or estimated glomerular filtration rate (eGFR)) compared to patients with normal renal function (CrCl ≥ 60 mL/minute). Mean normalized AUC exposure to pomalidomide was 98.2% in moderate renal impairment patients (eGFR ≥ 30 to <45 mL/minute/1.73 m²) compared to patients with normal renal function. Mean normalized AUC exposure to pomalidomide increased by 35.8% in severe renal impairment patients requiring dialysis (CrCl <30 mL/minute requiring dialysis) compared to patients with normal renal function. The mean changes in exposure to pomalidomide in each of these renal impairment groups are not of a magnitude that require dosage adjustments.

Hepatic impairment

The pharmacokinetic parameters were modestly changed in hepatically impaired patients (defined by Child-Pugh criteria) compared to healthy patients. Mean exposure to pomalidomide increased by 51% in mildly hepatically impaired patients compared to healthy patients. Mean exposure to pomalidomide

increased by 58% in moderately hepatically impaired patients compared to healthy patients. Mean exposure to pomalidomide increased by 72% in severely hepatically impaired patients compared to healthy patients. The mean increases in exposure to pomalidomide in each of these impairment groups are not of a magnitude for which adjustments in schedule or dose are required (see section 4.2).

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Capsule content:

Pregelatinized Starch (Starch 1500 Partially Pregelatinized Maize Starch) NF, Anhydrous Lactose (Super Tab 21 AN) NF, Sodium Stearyl Fumarate NF

Capsule Shell 1mg:

Gelatin, Water, Titanium dioxide, FD&C Blue 1, FD&C Red 3 and D&C Red 33

Capsule Shell 2mg:

Gelatin, Water, Titanium dioxide, FD&C Blue 1, FD&C Red 3, D&C Yellow 10 and D&C Red 33

Capsule Shell 3mg:

Gelatin, Water, Titanium dioxide, FD&C Blue 1, FD&C Red 3, FD&C Red 40 and D&C Red 33

Capsule Shell 4mg:

Gelatin, Water, Titanium dioxide, FD&C Blue 1, FD&C Red 3, D&C Red 28 and D&C Red 33

Printing White ink:

Shellac, dehydrated alcohol, isopropyl alcohol, butyl alcohol, propylene glycol, ammonia, purified water, potassium hydroxide & titanium dioxide

Source of Gelatin:

Bovine

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

36 months

6.4 Special precautions for storage

Store below 30°Celsius

6.5 Nature and contents of container

Blisters of cold formed trilaminar OPA/Alu/PVC with paper backed aluminium foil containing 7 capsules. Such 3-blisters are packed into an outer carton with a pack insert.

6.6 Special precautions for disposal and other handling

Capsules should not be opened or crushed. If powder from pomalidomide makes contact with the skin, the skin should be washed immediately and thoroughly with soap and water. If pomalidomide makes contact with the mucous membranes, they should be thoroughly flushed with water.

Healthcare professionals and caregivers should wear disposable gloves when handling the blister or capsule. Gloves should then be removed carefully to prevent skin exposure, placed in a sealable plastic polyethylene bag and disposed of in accordance with local requirements. Hands should then be washed thoroughly with soap and water. Women who are pregnant or suspect they may be pregnant should not handle the blister or capsule (see section 4.4).

Any unused medicinal product or waste material should be disposed of in accordance with local requirements. Unused medicinal product should be returned to the pharmacist at the end of treatment.

7. NAME OF MANUFACTURER

Dr. Reddy's Laboratories Limited,
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8. NAME OF PRODUCT REGISTRATION HOLDER

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9. DATE OF REVISION OF THE TEXT

March 2025