

## DEEP HEAT® SPORTS PAIN RELIEF SPRAY

Methyl salicylate 1.00% w/w, Methyl nicotinate 1.60% w/w, Ethyl salicylate 5.00% w/w, Glycol salicylate 5.00% w/w

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### What Deep Heat® Sports Pain Relief Spray is used for

Deep Heat Sports Spray provides temporary relief from the pain of sports related muscle aches, sprains, lower back pain.

It can be used during before and after routines for sports and exercise. Deep Heat Sports Spray also helps temporarily relieve pain of rheumatism, arthritis and fibrositis.

### How to use Deep Heat® Sports Pain Relief Spray

Shake can well before use. Point spray towards area to be treated, holding can approximately 15cm from the skin. Spray in short bursts.

Deep Heat Sports Pain Relief Spray contains active ingredients that are rapidly absorbed by the skin to produce warmth and relief. Massage is not required, but may be used, if desired, to increase warmth in the affected area.

### Before you use Deep Heat® Sports Pain Relief Spray

- When you must not use it
- Hypersensitivity to any of the ingredients.
- Hypersensitivity to aspirin or other non-steroidal anti inflammatory drugs (including when taken by mouth) especially where associated with a history of asthma.

### - Before you start to use it

- For external use only. Test on a small area of skin before use.
- Do not use if skin irritation occurs.
- Do not use where skin is broken.
- Do not spray in or near eyes.
- Protect the face when spraying around neck and shoulders.
- Use sparingly as over-use may cause discomfort particularly in persons with sensitive skin.

### How to use Deep Heat® Sports Pain Relief Spray

#### - How much to use and when to use it

Use sparingly. It can be used during before and after routines for sports and exercise

#### - How long to use it

As long as the pain still persist

#### - If you use too much (overdose)

Overdose is unlikely when used as recommended. If applied to a large area of skin, or in the unlikely event of oral ingestion, the spray may cause systemic adverse effects depending on the amount absorbed.

Treatment of overdose should be supportive and symptomatic.

### While you are using it

#### - Things to be careful of

Asthmatics should use the product with caution as vapours may cause an asthmatic attack.

Intentional misuse by deliberately concentrating and inhaling contents can be harmful or fatal.

#### - Things you must not do

This product should not be used in conjunction with heat pads. Do not puncture or incinerate can even when empty. Keep in a cool place out of direct sunlight.

### Side effects

It is possible that skin burns, blister, allergic reactions and temporary skin reactions such as redness, burning sensation and rashed may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems/ Side Effects/ AEFI/Vaccine Safety).

### Storage and Disposal

- Storage  
Store below 30c

- Disposal

Do not puncture or incinerate even when can is empty.

### Product Description

- What it looks like

Deep Heat Sports Pain Relief Spray is a pressurised aerosol multi-dose dispenser for administration to humans as a topical spray.

Clear, slightly yellow volatile liquid, odour of salicylates

- Active ingredients

Methyl salicylate, Methyl nicotinate, Ethyl salicylate, Glycol salicylate.

- Excipients

Propane, isopropyl alcohol, iso-butane, n-butane

- MAL number

MALxxxxxxxxXC

### Manufacturer

Colep Laupheim GmbH & Co. KG  
Fockestrabe 12  
88471, Laupheim Germany

### Product Registration Holder

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### Date of Revision

March 2018